

## Breakfast & Brunch

wake up with us, served until 5pm (3pm Saturdays).

### Freshly Baked Roti 7.5

roasted Scotch bonnet jam, cream cheese, fresh rocket & pickled pink onion. Choose

- Bacon
- Sausage
- Fried eggs ①
- Ackee & mixed peppers ⑩

### Full Caribbean 10.5

bacon, sausage, spiced beans, tomato, mushroom, muffin, & fried egg

### Island Eggs 9.5

grilled muffins, roasted tomato & Scotch bonnet sauce, poached eggs & spiced hollandaise. Choose

- Bacon
- Avocado ①
- Flaked salmon

### Ital Breakfast ⑩ 10.5

plantain, roasted peppers, ackee, avocado, spiced beans, tomato, mushroom, & muffin

### Curry Goat Hash 10.5

slow-cooked goat with diced fries, roasted peppers, pickled pink onions & fried egg

### Honey Bunny Yardbird 10.5

crispy coconut chicken on bara roti, maple syrup, watermelon & fried egg

### Sunrise Steak & Egg 12.5

grilled rump steak, Trini-churri, avocado, tomato, fried egg & muffin

## Bottomless Brunch

40.8 PP

Enjoy 2 hours of cocktails, zero cocktails, prosecco, draft beers, softs & hot drinks with any dish from our bottomless menu.

Available until 5pm (3pm Saturdays)  
Ask for our bottomless menu

## Lunch & Later 9.5

perfect for lunch or late night eats, served all day

### Chilli Cheese Toastie

melted cheese, roasted tomato, peppers & pickled pink onions. Choose

- Coronation curry chicken
- Flaked salmon

### Carib Roti Wraps

fresh avocado, lemon slaw, roasted tomato & cucumber chow. Choose

- Crispy chicken
- Roasted aubergine & plantain ⑩

### Flatbreads

hand-stretched flatbreads topped with sundried tomato sauce, chilli cheese, mozzarella & herbs. Choose

- Goats cheese & caramelised onions ①  
crumbled goats cheese & caramelised onions
- Jerk chicken & bacon bits  
pulled jerk chicken & with fire roasted crispy bacon bits

### Beach Buns

fresh lettuce, mango mayo, gherkin & pickled pink onion in a brioche bun. Choose

- Smashed burger  
two jerk beef patties with melted cheese
- Crispy chicken  
fried chicken thigh stacked with chilli mayo
- Mushroom & goats cheese ①  
jerk grilled mushrooms, crumbled goats cheese & caramelised onion

### Buddha Bowl ⑩

coconut rice & peas, Trini-tomatoes, pineapple, cucumber chow, watermelon, pickled pink onions & spinach. Add on

- Pit prawns +2
- Grilled chicken +2

## Small Plates 7.2

inspired by the street food, these are to start & share

### Tropical Burrata ① +1

grilled pineapple & mango with Trini-churri

### Sweetcorn Fritters ⑩

sweet mango mole, pickled pink onion & Baron's hot sauce

### Trini Doubles ⑩

topped with curried channa, cucumber chow & Baron's hot sauce

### Tamarind Pork Belly +1

crispy pork bites in sticky tamarind, ginger & chilli, with coconut & lime yoghurt

### Coconut Curry Mussels

steamed in Scotch bonnet coconut Trini curry & fresh herbs

### Pit Prawns +1

grilled shell-on prawns with Scotch bonnet garlic butter & black pepper

### Chilli Squid

crispy panko, chilli & coconut, with lemon and mango mayo

### Grilled Wings

24 hour marinated wings, grilled and tossed. Choose

- Sweet & hot tamarind
- Bajan hot mango
- Jerk gravy

### Salt Cod Fritters

sweet mango mole, Baron's hot sauce, with coconut & lime yoghurt

### Mango Fried Chicken

chopped crispy chicken thigh, fresh mango

## Bigger Plates

full flavour, bigger dishes straight from the fire. Add sides +4.2

### FROM THE GRILL

#### Bajan Pork 15

bone-in chop with citrus crust, roasted pineapple & mango Bajan hot sauce

#### Whole Market Fish 17

whole fire grilled fish, with fresh herbs, thyme, butter & lemon

#### Carib Steak 15

28 day aged rump & served pink with Trini-churri

#### Whole Eggplant ⑩ 12

with chilli herb oil, black beans, mixed grains, coconut & lime cream

#### Jerk Chicken

choose creamy Mo'bay ①, Bajan hot mango ⑩, or jerk gravy ⑩

- Breast 8.5
- Half 9.5
- Whole 17

### ONE POTS

#### Curry Goat 11

low & slow roasted goat with garlic, ginger, green seasoning & Scotch bonnet (may contain bones)

#### Trinidad Coconut Curry 10

Slow-simmered coconut curry with ginger, garlic and our green seasoning. Choose

- Chicken
- Prawn +1
- Cod loin +1

#### Jamaican Brown Chicken 10

braised with garlic, thyme, tomatoes & peppers

#### Curry Channa & Spinach ⑩ 10

spiced chickpeas with wilted spinach & aubergine

+ dumplings for dipping ⑩ +1.8

### BOWLS & BREADS

#### Grain Bowl ⑩ 11.8

black beans, grains, Trini-tomatoes, pineapple, cucumber chow, watermelon, pickled pink onions & spinach. Add

- Pit prawns +2
- Grilled chicken +2

#### Beach Flatbread 12.2

large hand-stretched flatbreads topped with sundried tomato sauce, chilli cheese, mozzarella & herbs. Choose

- Chicken
- Jerk sausage
- Mushroom ⑩

#### Mo'bay Pepper Pasta ① 12

creamy, cheesy, penne pasta, with roasted peppers & herbs. Add

- Pit prawns +2
- Grilled chicken +2

## Add Ons 1.9

### Sweet Plantain ⑩

### Creamy Slaw ⑩

### Bara Roti ⑩

### Cucumber Chow ⑩

### Dumplings ⑩

## Sauces

On the house

### Lemon & Mango Mayo ⑩

### Chilli Mayo ⑩

### Creamy Mo'bay ①

### Bajan Hot Mango ⑩

### Jerk Gravy ⑩

## Sides 4.2

made to mix, built to share

### Rice & Peas ⑩

rice with coconut milk, kidney beans, fresh thyme & Scotch bonnet

### Fries

choose from spiced ⑩, cheesy jerk ① +0.5  
sweet potato ⑩ +0.5

### Garlic Flatbread ①

chilli garlic butter & fresh rocket  
add cheese +0.5

### Mo'bay Mac ①

creamy & cheesy pasta, with melted cheese

### Garlic Tenderstems ⑩ +0.5

grilled tender stems panned with herby garlic butter

### Watermelon & Goats Cheese ①

fresh watermelon, crumbled goats cheese & fresh mint

### Guyanese Coconut Spinach ⑩

wilted spinach in coconut cream & garlic

### Black Beans & Grains ⑩

black beans and mixed grains

### Trini Toms ⑩

fresh diced heritage tomatos, Trini-churri

### Giant Greens ⑩

seasonal greens with sea salt & lemon

Turtle Bay

## Cocktails 8

### Koko Colada

Koko Kanu, Deeds Rum, passion fruit, coconut cream, pineapple

### Cherry Sling

Kingston 62 Gold, cherry rum, lime, vanilla, cherries, grapefruit soda

### Raspberry Reggae

dark rum, blackberries, guava juice, raspberry soda

### Bohemian Mojo

Hawksbill Spiced Rum, absinth, lime, mint, gingerbread, ginger beer

### Jungle Bird

a tiki classic from the 1940s, Appleton Signature, Sarti, lime, demerara, pineapple

### Passion Fruit Mojito

Appleton Signature, prosecco, passion fruit, mint, demerara

## Happy Hour 2 FOR £12 1-7pm & 8:30pm-close

### Classic Daiquiri

Kingston 62 White, lime, demerara. Choose watermelon, strawberry, passion fruit

### Passion Fruit Rumtini

white rum, passion fruit, pineapple, vanilla, prosecco

### Reggae Rum Punch

Wray & Nephew, sorrell, pomegranate, mango

### Spring Ting Spritz

white rum, elderflower syrup, mint, soda, grapefruit

### Bay Rum Punch

Duppy White, pineapple, vanilla, passion fruit

### Jamrock Punch

vodka, watermelon, passion fruit, strawberry, lime, grapefruit soda

### Coffee Rumtini

dark rum, coffee liquor, espresso mix, demerara

### Tropical Spritz

white rum, bitter syrup, watermelon, passion fruit, soda, prosecco

### Jamaican Swizzle

Appleton Signature, mint sprig, lime demerara, bitters

### Tommy's Margarita

tequila, lime, triple sec, honey syrup. Choose strawberry watermelon, passion fruit

## Island Minis 7.5

### Ginger Drop

Mount Gay Eclipse, Kaveri Ginger Liqueur, demerara, lime, pineapple

### Cheeky Marg

Espolon Blanco, Martini Ambrato, honey syrup, lime

### Trader Vic Mai Tai

Appleton 8yr, Myres's Rum, orange bitters, orgeat, lime

### Mango Snackary

Mount Gay Eclipse, mango liquor, lime, mango

### Painkiller

Pusser's Blue Label & Gunpowder, coconut cream, lime, pineapple

### Corn & Oil

Doorly's 5yr, falernum, lime, orange & angostura bitters

## Zero Cocktails 7

### Citrus Splash

Tanqueray Orange 0.0%, Lyre's White Cane, lime, grapefruit, mint

### Passion Paradise

Lyre's White Cane, passion fruit, lime, guava

### Strawberry Non Daiquiri

Lyre's White Cane, strawberry, guava, demerara, lime

### Passion Fruit Royal

Lyre's White Cane, lime, passion fruit, mint, demerara

### Mango Smash

Lyre's White Cane, mango, demerara, lime

### Coconut Colada

Lyre's White Cane, coconut, lime, pineapple

## Beer & Cider Pint available

Carib Lager schooner 4.3

Atlantic Pale Ale schooner 4.3

Island Press Cider schooner 4.3

Madri Lager 330ml 5.3

Madri Zero 0.0% 330ml 5.3

Lucky Saint IPA 0.5% 330ml 5

Guinness 0.0 568ml 6

## Spirits & Perfect Serves

Speak to our Bartenders on anything you need

## Wine 125ml available

### RED

Da Luca Nero d'Avola Italy

Tilia Malbec Argentina

Wise Wolf Cabernet Sauvignon France

### WHITE

Berri Estates Chardonnay Australia

Da Luca Pinot Grigio Italy

Waipara Hill Sauvignon Blanc New Zealand

### ROSE

Granfort Cinsault Rosé France

### SPARKLING

Il Baco da Seta Prosecco Italy

175ml 250ml bottle

8 9.5 27

9 10.5 29

10 11.5 31

175ml 250ml bottle

8 9.5 27

9 10.5 29

10 11.5 31

175ml 250ml bottle

8 9.5 27

125ml bottle

6 29

## Rums single 5.2 double 8.2

with juice or soft | tonic +1.2  
rums marked with \* +1

## RUM MASTER CHOICE Hampden Estate 8yr

Produced with unique and partly secret methods that have remained unchanged since the 18th century. The result is a rum with a distinct aromatic profile and exceptionally unique taste.

single 6.2

### BIG & BOLD

Appleton 12yr\* Jamaica

Doorly's XO\* Barbados

Pusser's Gunpowder\* British Virgin Islands

Angostura 7yr Trinidad & Tobago

Brugal 1888 Dominican Republic

El Dorado 12yr\* Guyana

Goslings Black Seal Bermuda

### WHITE & LIGHT

Wray & Nephew Jamaica

Mount Gay Eclipse Barbados

Pusser's Blue Label British Virgin Islands

Appleton Signature Jamaica

Duppy White Jamaica

Kingston 62 White Jamaica

### SPICED & GOLD

Foursquare Spiced Barbados

Hawksbill Spiced Rum Guyana & Trinidad

Bumbu Original Barbados

Deeds Dark Spiced England

Duppy Share Gold Jamaica, Barbados

Mount Gay Black Barrel Barbados

Appleton 8yr Jamaica

### FLAVOURED

Koko Kanu Coconut Jamaica

Plantrey Pineapple Trinidad & Tobago

173 Black Cherry England

Myers's Dark Rum Jamaica

## Softs

### SODAS & JUICES reg 3.5 large 4.5

Cola | Diet Guava

Lemonade Mango

Orange Juice Pineapple

### PRESSES 5.5

Matcha & Pineapple

Turmeric & Mango

Beetroot & Guava

### CARIBBEAN SHAKES 5.5

made with milk, cream & condensed milk

Gingerbread

Turmeric

Matcha

### HOMEMADE 4.5

## Nibbles & Bites 3.2 Perfect with a drink at the bar

### Chilli & Thyme Olives 16

aged green olives in chilli, fresh thyme & pimento oil

### Spiced Fries 16 +1

crispy fries tossed in house spice blend

### Cassava Crisps 16

crunchy cassava with spice mix dusting

### Bajan Corn Ribs 16

charred with garlic butter & Bajan hot sauce

### Jerk Sausage

sticky & sliced with jerk gravy & pickled pink onion

### Cheesy Garlic Flatbread 16 +1

grilled with cheese, chilli garlic butter & fresh rocket

### Crispy Channa 16

tossed chickpeas & spice mix



Scan the QR for allergens & calories. 16 Vegan 17 Vegetarian

Our descriptions don't mention every ingredient. We can't guarantee anything is 100% free of allergens or gluten, but if you have any allergies or intolerances just have a chat with our team before you order. We'll add an optional 10% service charge if you're a party of 4+. 100% of tips & service charges go to the whole team.

# Bottomless Brunch

Available until 5pm (3pm Saturdays).  
Whole table must participate.

40.8pp



Choose any two small plates, or one brunch or bigger plate. Enjoy with 2 hours of cocktails, zero cocktails, prosecco, draft beers, softs & hot drinks.

## Breakfast & Brunch

### Freshly Baked Roti

roasted Scotch bonnet jam, cream cheese, fresh rocket & pickled pink onion. Choose

- Bacon - Sausage - Fried eggs ①
- Ackee & mixed peppers ⑩

### Full Caribbean

bacon, sausage, spiced beans, tomato, mushroom, muffin, & fried egg

### Island Eggs

grilled muffins, roasted tomato & Scotch bonnet sauce, poached eggs & spiced hollandaise. Choose

- Bacon - Avocado ① - Salmon

### Ital Breakfast ⑩

plantain, roasted peppers, ackee, avocado, spiced beans, tomato, mushroom, & muffin

### Curry Goat Hash

slow-cooked goat with diced fries, roasted peppers, pickled pink onions & fried egg

### Honey Bunny Yardbird

crispy coconut chicken on bara roti, maple syrup, watermelon & fried egg

### Sunrise Steak & Egg

grilled rump steak, Trini-churri, avocado, tomato, fried egg & muffin

## Small Plates choose any two

### Sweetcorn Fritters ⑩

sweet mango mole, pickled pink onion & Baron's hot sauce

### Trini Doubles ⑩

topped with curried channa, cucumber chow & Baron's hot sauce

### Pit Prawns

grilled shell-on prawns with Scotch bonnet garlic butter & black pepper

### Chilli Squid

crispy panko, chilli & coconut, with lemon and mango mayo

### Grilled Wings

24 hour marinated wings, grilled and tossed. Choose

- Sweet & hot tamarind
- Bajan hot mango
- Jerk gravy

### Salt Cod Fritters

sweet mango mole, Baron's hot sauce, with coconut & lime yoghurt

### Mango Fried Chicken

chopped crispy chicken thigh, fresh mango

## Lunch with your choice of rice & peas, fries or giant greens

### Flatbreads

hand-stretched flatbreads topped with with sundried tomato sauce, chilli cheese, mozzarella & herbs. Choose

- Goats cheese & caramelised onions ①
- Jerk chicken & bacon bits

### Carib Roti Wraps

fresh avocado, lemon slaw, roasted tomato & cucumber chow. Choose

- Crispy chicken
- Roasted aubergine & plantain ⑩

### Chilli Cheese Toastie

melted cheese, roasted tomato, peppers & pickled pink onions. Choose

- Coronation curry chicken
- Flaked salmon

### Buddha Bowl ⑩

coconut rice & peas, Trini-tomatoes, pineapple, cucumber chow, watermelon, pickled pink onions & spinach. Choose

- Pit prawns
- Grilled chicken

### Beach Buns

fresh lettuce, mango mayo, gherkin & pickled pink onion in a brioche bun. Choose

- Smashed burger  
two beef patties with melted cheese
- Crispy chicken  
fried chicken stacked with chilli mayo
- Mushroom & goats cheese ①  
jerk grilled mushrooms, crumbled goats cheese & caramelised onion

## Bigger Plates with your choice of rice & peas, fries or giant greens

### Curry Goat

low & slow roasted goat with garlic, ginger, green seasoning & Scotch bonnet (may contain bones)

### Jamaican Brown Chicken

braised with garlic, thyme, tomatoes & peppers

### Trinidad Curry Chicken

slow-simmered coconut curry with ginger, garlic and green seasoning

### Curry Channa & Spinach ⑩

spiced chickpeas with wilted spinach & aubergine

### Jerk Chicken

24 hour marinated chicken breast. Choose

- Creamy Mo'Bay
- Bajan hot mango
- Jerk gravy

## Cocktails

### Lady Killer

white rum, passion fruit, pineapple, strawberry, guava, lime

### Raspberry Reggae

dark rum, blackberries, guava juice, raspberry soda

### Jamrock Punch

vodka, watermelon, passion fruit, strawberry, lime, grapefruit soda

### Coffee Rumtini

dark rum, coffee liquor, espresso mix, demerara

### Tropical Spritz

white rum, bitter syrup, watermelon, passion fruit, soda, prosecco

### Passion Fruit Rumtini

white rum, passion fruit, pineapple, vanilla, prosecco

### Reggae Rum Punch

Wray & Nephew, sorrell, pomegranate, mango

### Spring Ting Spritz

white rum, elderflower syrup, mint, soda, grapefruit

### Strawberry Daiquiri

Kingston 62, white rum, lime, demerara, strawberry

### Mai Tai Punch

Kingston 62 Gold, amaretto, falernum, triple sec, lime, pineapple

### Rum Runner

Kingston 62 Gold, dark rum, amaretto, falernum, triple sec, blackberry, strawberry, grapefruit crush

### Island Ice Tea

white rum, gin, vodka, tequila, triple sec, lime, cola

### Mango Paloma

tequila, triple sec, mango, grapefruit crush, lime

### Rum & Mixer

Kingston 62 White or Gold, plus a mixer

## Zero Cocktails

### Citrus Splash

Tanqueray Orange 0.0%, Lyre's White Cane, lime, grapefruit, mint

### Passion Paradise

Lyre's White Cane, passion fruit, lime, guava

### Strawberry Non Daiquiri

Lyre's White Cane, strawberry, guava, demerara, lime

### Passion Fruit Royal

Lyre's White Cane, lime, passion fruit, mint, demerara

### Mango Smash

Lyre's White Cane, mango, lime, demerara

### Coconut Colada

Lyre's White Cane, coconut, lime, pineapple

## Beer & Cider

Carib Lager *schooner*

Atlantic Pale Ale *schooner*

Island Press Cider *schooner*

Madri Zero 0.0% 330ml

## Sparkling

Il Baco da Seta Prosecco *Italy*

Speak to a team member for our selection of hot drinks

## Homemade Softs

Ginger Beer

Grapefruit Crush

Sorrell Lemonade

Mango & Limeade

Guava & Watermelon

## Sodas & Juices

Cola | Diet Mango

Lemonade Pineapple

Orange

## Sides 4.2

Rice & Peas **VB**

Spiced Fries **VB**

Sweet Potato Fries **VB** +0.5

Cheesy Jerk Fries **V** +0.5

Garlic Flatbread **V**

Mo'bay Mac **V**

Garlic Tenderstems **VB** +0.5

Watermelon & Goats Cheese **V**

Guyanese Coconut Spinach **VB**

Black Beans & Grains **VB**

Trini Toms **VB**

Giant Greens **VB**



Scan the QR for allergens & calories. **VB** Vegan **V** Vegetarian

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