

## Breakfast & Brunch

wake up with us, served until 5pm (3pm Saturdays).

### Freshly Baked Roti 7.5

roasted Scotch bonnet jam, cream cheese, fresh rocket & pickled pink onion. Choose

- Bacon
- Sausage
- Fried eggs ①
- Ackee & mixed peppers ①

### Full Caribbean 10.5

bacon, sausage, spiced beans, tomato, mushroom, muffin, & fried egg

### Island Eggs 9.5

grilled muffins, roasted tomato & Scotch bonnet sauce, poached eggs & spiced hollandaise. Choose

- Bacon
- Avocado ①
- Flaked salmon ③

### Vegan Caribbean ⑩ 10.5

plantain, roasted peppers, ackee, avocado, spiced beans, tomato, mushroom, & muffin

### Curry Goat Hash ⑧ 10.5

slow-cooked goat with diced fries, roasted peppers, pickled pink onions & fried egg

### Honey Bunny Yardbird 10.5

crispy coconut chicken on bara roti, maple syrup, watermelon & fried egg

### Sunrise Steak & Egg 12.5

grilled rump steak, Trini-churri, avocado, tomato, fried egg & muffin

## Bottomless Brunch

40.8pp

Enjoy 2 hours of cocktails, zero cocktails, prosecco, draft beers, softs & hot drinks with any dish from our bottomless menu.

Available until 5pm (3pm Saturdays)  
Ask for our bottomless menu

## Lunch & Later

9.5 perfect for lunch or late night eats, served all day. Add sides to elevate your plate.

### Chilli Cheese Toastie

melted cheese, roasted tomato, peppers & pickled pink onions. Choose

- Coronation curry chicken
- Flaked salmon ③
- Cheese and peppers ① 7.5

### Carib Roti Wraps

fresh avocado, lemon slaw, spiced roasted tomatoes & cucumber chow. Choose

- Crispy chicken
- Roasted aubergine & plantain ⑩

### Beach Buns

fresh lettuce, mango mayo, gherkin & pickled pink onion in vegan brioche bun. Choose

- Smashed burger  
two jerk beef patties with melted cheese
- Crispy chicken  
fried chicken thigh stacked with chilli mayo
- Mushroom & goats cheese ①  
jerk grilled mushrooms, crumbled goats cheese & caramelised onion

### Flatbreads

hand-stretched flatbreads topped with sundried tomato sauce, chilli cheese, mozzarella & herbs. Choose

- Goats cheese & caramelised onions ①  
crumbled goats cheese & caramelised onions
- Jerk chicken & bacon bits  
pulled jerk chicken & with fire roasted crispy bacon bits

### Buddha Bowl ⑩

coconut rice & peas, Trini-tomatoes, pineapple, cucumber chow, watermelon, pickled pink onions & spinach. Add on

- Pit prawns +2
- Grilled chicken +2

## Small Plates

7.2 inspired by Caribbean street food to start or share - we recommend 2 to 3 between two

### Tropical Burrata ① +1

grilled pineapple & mango with Trini-churri

### Sweetcorn Fritters ⑩

sweet mango mole, pickled pink onion & Baron's hot sauce

### Trini Doubles ⑩

topped with curried channa, cucumber chow & Baron's hot sauce

### Tamarind Pork Belly +1

crispy pork bites in sticky tamarind, ginger & chilli

### Coconut Curry Mussels

steamed in Scotch bonnet coconut Trini curry & fresh herbs

### Pit Prawns +1

grilled shell-on prawns with Scotch bonnet garlic butter & roti

### Chilli Squid

crispy panko, chilli & coconut, with lemon, mango mayo & mango mole

### Grilled Wings

24 hour marinated wings, grilled and tossed. Choose

- Sweet & hot tamarind
- Bajan hot mango
- Jerk gravy

### Salt Fish Fritters ③

sweet mango mole, Baron's hot sauce, with coconut & lime yoghurt

### Mango Fried Chicken

chopped crispy chicken thigh, fresh mango

### Bajan Corn Ribs ①

charred with garlic butter & Bajan hot sauce

## Bigger Plates

full flavour, bigger dishes straight from the fire. Add sides +4.2

### FROM THE GRILL

All fired up, packed with flavour and straight off the flame

### Bajan Pork 15

bone-in chop with roasted pineapple & mango Bajan hot sauce

### Whole Market Fish ⑧ 17

whole fire grilled fish, with fresh herbs, thyme, Trini-churri, butter & lemon

### Carib Steak 15

28 day aged rump & served pink with Trini-churri

### Whole Eggplant ⑩ 12

with chilli herb oil, black beans, mixed grains, coconut & lime cream

### ONE POTS

Slow-cooked soul food. Big on flavour, simmered with love

### Curry Goat ⑧ 11

low & slow roasted goat with garlic, ginger, green seasoning & Scotch bonnet

### Trinidad Coconut Curry 10

Slow-simmered coconut curry with ginger, garlic and our green seasoning. Choose

- Chicken
- Prawn +1
- Cod loin +1

### Jamaican Brown Chicken 10

braised with garlic, thyme, tomatoes & peppers

### Curry Channa & Spinach ⑩ 10

spiced chickpeas with wilted spinach & aubergine

+ dumplings for dipping ⑩ +1.9

### BOWLS & BREADS

Fresh ingredients, bold toppings, and sunshine in every bite

### Grain Bowl ⑩ 11.8

black beans, grains, Trini-tomatoes, pineapple, cucumber chow, watermelon, pickled pink onions & spinach. Add

- Pit prawns +2
- Grilled chicken +2

### Beach Flatbread 12.2

large hand-stretched flatbreads topped with sundried tomato sauce, chilli cheese, mozzarella & herbs. Choose

- Flaked salmon ③
- Jerk sausage
- Mushroom ①

### Mo'bay Pepper Pasta ① 12

creamy & cheesy, with roasted peppers & herbs. Add

- Pit prawns +2
- Grilled chicken +2

### JERK PIT

Fire-grilled, full of attitude, and steeped in island spice

### Jerk Chicken

Our signature marinated chicken chargrilled to perfection over open flames and loaded with bold, smoky flavour. Choose

- Breast 8.5
- Half 9.5
- Whole 17

Have it how you like, with your choice of our homemade sauces. Add sides for a full feast

## Homemade Sauces

On the house

### Creamy Mo'bay ①

### Bajan Hot Mango ⑩

### Jerk Gravy ⑩

## Add Sides

4.2 made to mix, built to share

### Rice & Peas ⑩

rice with coconut milk, kidney beans, fresh thyme & Scotch bonnet

### Fries

choose from spiced ⑩, cheesy jerk ① +0.5  
sweet potato ⑩ +0.5

### Mo'bay Mac ①

creamy & cheesy, with melted cheese

### Garlic Tenderstems ⑩ +0.5

grilled tender stems panned with herby garlic butter

### Watermelon & Goats Cheese ①

fresh watermelon, crumbled goats cheese & fresh mint

### Black Beans & Grains ⑩

black beans and mixed grains

### Trini Toms ⑩

fresh diced heritage tomatos, Trini-churri

### Giant Greens ⑩

seasonal greens with sea salt & lemon

## Add Ons

1.9

### Cucumber Chow ⑩

### Citrus Slaw ⑩

### Dumplings ⑩

### Bara Roti ⑩

### Sweet Plantain ⑩

⑩ Vegan ① Vegetarian ③ May contain bones

Turtle Bay

## Cocktails 8

### Koko Colada

Koko Kanu, Deeds Rum, passion fruit, coconut cream, pineapple

### Cherry Sling

Kingston 62 Gold, cherry rum, lime, vanilla, cherries, grapefruit soda

### Raspberry Reggae

dark rum, blackberries, guava juice, raspberry soda (try with gin or vodka)

### Bohemian Mojo

dark rum, absinthe, lime, mint, ginger beer, gingerbread

### Jungle Bird

a tiki classic from the 1940s, Appleton Signature, Sarti, lime, demerara, pineapple

### Passion Fruit Mojito

Appleton Signature, prosecco, passion fruit, mint, demerara

## Happy Hour 2 FOR £12 1-7pm & 8:30pm-close

### Classic Daiquiri

Kingston 62 White, lime, demerara. Choose watermelon, strawberry, passion fruit

### Passion Fruit Rumtini

white rum, passion fruit, pineapple, vanilla, prosecco (try with vodka)

### Reggae Rum Punch

Wray & Nephew, sorrell, pomegranate, mango

### Spring Ting Spritz

white rum, elderflower syrup, mint, soda, grapefruit (try with gin or vodka)

### Jamrock Punch

vodka, watermelon, passion fruit, strawberry, lime, grapefruit soda (try with rum)

### Bay Rum Punch

Duppy White, pineapple, vanilla, passion fruit

### Coffee Rumtini

dark rum, coffee liquor, espresso mix, demerara (try with vodka)

### Tropical Spritz

white rum, bitter syrup, watermelon, passion fruit, soda, prosecco

### Jamaican Swizzle

Appleton Signature, mint sprig, lime demerara, bitters

### Sirens Call

white rum, passion fruit, pineapple, strawberry, guava, lime

### Tommy's Margarita

tequila, lime, triple sec, honey syrup. Choose strawberry watermelon, passion fruit

## Island Minis 7.5

Small in size, big on spirit - mini cocktails with maximum tropical flavour

### Ginger Drop

Mount Gay Eclipse, Kaveri Ginger Liqueur, demerara, lime, pineapple

### Trader Vic Mai Tai

Appleton 8yr, Myres's Rum, orange bitters, orgeat, lime

### Mango Snackary

Mount Gay Eclipse, mango liquor, lime, mango

### Painkiller

Pusser's Blue Label & Gunpowder, coconut cream, lime, pineapple

### Corn & Oil

Doorly's 5yr, falernum, lime, orange & angostura bitters

## Zero Cocktails 7

### Citrus Splash

Tanqueray Orange 0.0%, Lyre's White Cane, lime, grapefruit, mint

### Passion Paradise

Lyre's White Cane, passion fruit, lime, guava

### Strawberry Non Daiquiri

Lyre's White Cane, strawberry, guava, demerara, lime

### Passion Fruit Royal

Lyre's White Cane, lime, passion fruit, mint, demerara

### Mango Smash

Lyre's White Cane, mango, demerara, lime

### Coconut Colada

Lyre's White Cane, coconut, lime, pineapple

## Beer & Cider Pint available

Carib Lager schooner 4.3

Atlantic Pale Ale schooner 4.3

Island Press Cider schooner 4.3

Madri Lager 330ml 5.3

Madri Zero 0.0% 330ml 5.3

Lucky Saint IPA 0.5% 330ml 5

Guinness 0.0 568ml 6

## Spirits & Perfect Serves

Speak to our Bartenders on anything you need

## Wine 125ml available

### RED

Da Luca Nero d'Avola Italy

Tilia Malbec Argentina

Wise Wolf Cabernet Sauvignon France

### WHITE

Berri Estates Chardonnay Australia

Da Luca Pinot Grigio Italy

Waipara Hill Sauvignon Blanc New Zealand

### ROSE

Granfort Cinsault Rosé France

### SPARKLING

Il Baco da Seta Prosecco Italy

|   | 175ml | 250ml | bottle |
|---|-------|-------|--------|
| RED   |       |       |        |
| Da Luca Nero d'Avola <small>Italy</small>               | 8     | 9.5   | 27     |
| Tilia Malbec <small>Argentina</small>                   | 9     | 10.5  | 29     |
| Wise Wolf Cabernet Sauvignon <small>France</small>      | 10    | 11.5  | 31     |
| WHITE   | 175ml | 250ml | bottle |
| Berri Estates Chardonnay <small>Australia</small>       | 8     | 9.5   | 27     |
| Da Luca Pinot Grigio <small>Italy</small>               | 9     | 10.5  | 29     |
| Waipara Hill Sauvignon Blanc <small>New Zealand</small> | 10    | 11.5  | 31     |
| ROSE  | 175ml | 250ml | bottle |
| Granfort Cinsault Rosé <small>France</small>            | 8     | 9.5   | 27     |
| SPARKLING   |       | 125ml | bottle |
| Il Baco da Seta Prosecco <small>Italy</small>           |       | 6     | 29     |

## Rums single 5.2 double 8.2

with juice or soft | tonic +1.2  
rums marked with \* +1

### BIG & BOLD

Appleton 12yr\* Jamaica

Doorly's XO\* Barbados

Pusser's Gunpowder\* British Virgin Islands

Angostura 7yr Trinidad & Tobago

Brugal 1888 Dominican Republic

El Dorado 12yr\* Guyana

Goslings Black Seal Bermuda

## RUM MASTER CHOICE Hampden Estate 8yr

Produced with unique and partly secret methods that have remained unchanged since the 18th century. The result is a rum with a distinct aromatic profile and exceptionally unique taste.

single 6.2

### WHITE & LIGHT

Wray & Nephew Jamaica

Mount Gay Eclipse Barbados

Pusser's Blue Label British Virgin Islands

Appleton Signature Jamaica

Duppy White Jamaica

Kingston 62 White Jamaica

### SPICED & GOLD

Foursquare Spiced Barbados

Hawksbill Spiced Rum Guyana & Trinidad

Bumbu Original Barbados

Deeds Dark Spiced England

Duppy Share Gold Jamaica, Barbados

Mount Gay Black Barrel Barbados

Appleton 8yr Jamaica

### FLAVOURED

Koko Kanu Coconut Jamaica

Plantrey Pineapple Trinidad & Tobago

173 Black Cherry England

Myers's Dark Rum Jamaica

## Softs

### SODAS & JUICES reg 3.5 large 4.5

Cola | Diet **Guava**

Lemonade **Mango**

Orange Juice **Pineapple**

One Water still / sparkling 3.8

### PRESSES 5.5

Matcha & Pineapple

Turmeric & Mango

Beetroot & Guava

### HOMEMADE 4.5

Ginger Beer

Grapefruit Crush

Sorrell Lemonade

Mango & Limeade

Guava & Watermelon

## Nibbles & Bites 3.2 Perfect with a drink at the bar

### Chilli & Thyme Olives **VG**

aged green olives in chilli, fresh thyme & pimento oil

### Jerk Sausage

sticky & sliced with jerk gravy & pickled pink onion

### Spiced Fries **VG** +1

crispy fries tossed in house spice blend

### Plantain Chips **VG**

crispy plantain with spice mix dusting

### Bajan Corn Ribs **V**

charred with garlic butter & Bajan hot sauce

### Mac & Cheese Bites **V**

crispy bites with roasted tomato sauce

### Crispy Channa **VG**

tossed chickpeas & spice mix



P3 MAIN 07.25

Scan the QR for allergens & calories. **VG** Vegan **V** Vegetarian **Ⓢ** May contain bones

Our dishes are made fresh in kitchens where flour and gluten are used, so we can't guarantee any item is completely allergen or gluten-free. Our menu descriptions don't list every ingredient - if you have allergies or dietary needs, please speak to our team before ordering. A 10% optional service charge applies to tables of 4 or more. 100% of tips and service charges go directly to our team.

# Bottomless Brunch

Available until 5pm (3pm Saturdays).  
Whole table must participate.

40.8pp



Choose any two small plates, or one brunch or bigger plate. Enjoy with 2 hours of cocktails, zero cocktails, prosecco, draft beers, softs & hot drinks.

## Breakfast & Brunch

### Freshly Baked Roti

roasted Scotch bonnet jam, cream cheese, fresh rocket & pickled pink onion. Choose

- Bacon - Sausage - Fried eggs ①
- Ackee & mixed peppers ⑩

### Full Caribbean

bacon, sausage, spiced beans, tomato, mushroom, muffin, & fried egg

### Island Eggs

grilled muffins, roasted tomato & Scotch bonnet sauce, poached eggs & spiced hollandaise. Choose

- Bacon - Avocado ① - Salmon ②

### Vegan Caribbean ⑩

plantain, roasted peppers, ackee, avocado, spiced beans, tomato, mushroom, & muffin

### Curry Goat Hash ②

slow-cooked goat with diced fries, roasted peppers, pickled pink onions & fried egg

### Honey Bunny Yardbird

crispy coconut chicken on bara roti, maple syrup, watermelon & fried egg

### Sunrise Steak & Egg

grilled rump steak, Trini-churri, avocado, tomato, fried egg & muffin

## Small Plates choose any two

### Sweetcorn Fritters ⑩

sweet mango mole, pickled pink onion & Baron's hot sauce

### Trini Doubles ⑩

topped with curried channa, cucumber chow & Baron's hot sauce

### Pit Prawns

grilled shell-on prawns with Scotch bonnet garlic butter & roti

### Chilli Squid

crispy panko, chilli & coconut, with lemon, mango mayo & mango mole

### Grilled Wings

24 hour marinated wings, grilled and tossed. Choose

- Sweet & hot tamarind
- Bajan hot mango
- Jerk gravy

### Salt Fish Fritters ②

sweet mango mole, Baron's hot sauce, with coconut & lime yoghurt

### Mango Fried Chicken

chopped crispy chicken thigh, fresh mango

## Lunch with your choice of rice & peas, fries or giant greens

### Flatbreads

hand-stretched flatbreads topped with with sundried tomato sauce, chilli cheese, mozzarella & herbs. Choose

- Goats cheese & caramelised onions ①
- Jerk chicken & bacon bits

### Carib Roti Wraps

fresh avocado, lemon slaw, roasted tomato & cucumber chow. Choose

- Crispy chicken
- Roasted aubergine & plantain ⑩

### Chilli Cheese Toastie

melted cheese, roasted tomato, peppers & pickled pink onions. Choose

- Coronation curry chicken
- Flaked salmon ②
- Cheese and peppers ①

### Buddha Bowl ⑩

coconut rice & peas, Trini-tomatoes, pineapple, cucumber chow, watermelon, pickled pink onions & spinach. Choose

- Pit prawns - Grilled chicken

### Beach Buns

fresh lettuce, mango mayo, gherkin & pickled pink onion in a vegan brioche bun. Choose

- Smashed burger  
two beef patties with melted cheese
- Crispy chicken  
fried chicken stacked with chilli mayo
- Mushroom & goats cheese ①  
jerk grilled mushrooms, crumbled goats cheese & caramelised onion

## Bigger Plates with your choice of rice & peas, fries or giant greens

### Curry Goat ②

low & slow roasted goat with garlic, ginger, green seasoning & Scotch bonnet

### Jamaican Brown Chicken

braised with garlic, thyme, tomatoes & peppers

### Trinidad Curry Chicken

slow-simmered coconut curry with ginger, garlic and green seasoning

### Curry Channa & Spinach ⑩

spiced chickpeas with wilted spinach & aubergine

### Jerk Chicken

24 hour marinated chicken breast. Choose

- Creamy Mo'Bay
- Bajan hot mango
- Jerk gravy

## Cocktails

### Sirens Call

white rum, passion fruit, pineapple, strawberry, guava, lime

### Raspberry Reggae

dark rum, blackberries, guava juice, raspberry soda

### Jamrock Punch

vodka, watermelon, passion fruit, strawberry, lime, grapefruit soda

### Coffee Rumtini

dark rum, coffee liquor, espresso mix, demerara

### Tropical Spritz

white rum, bitter syrup, watermelon, passion fruit, soda, prosecco

### Passion Fruit Rumtini

white rum, passion fruit, pineapple, vanilla, prosecco

### Reggae Rum Punch

Wray & Nephew, sorrell, pomegranate, mango

### Spring Ting Spritz

white rum, elderflower syrup, mint, soda, grapefruit

### Strawberry Daiquiri

Kingston 62, white rum, lime, demerara, strawberry

### Mai Tai Punch

Kingston 62 Gold, amaretto, falernum, triple sec, lime, pineapple

### Rum Runner

Kingston 62 Gold, dark rum, amaretto, falernum, triple sec, blackberry, strawberry, grapefruit crush

### Island Ice Tea

white rum, gin, vodka, tequila, triple sec, lime, cola

### Mango Paloma

tequila, triple sec, mango, grapefruit crush, lime

### Rum & Mixer

Kingston 62 White or Gold, plus a mixer

## Zero Cocktails

### Citrus Splash

Tanqueray Orange 0.0%, Lyre's White Cane, lime, grapefruit, mint

### Passion Paradise

Lyre's White Cane, passion fruit, lime, guava

### Strawberry Non Daiquiri

Lyre's White Cane, strawberry, guava, demerara, lime

### Passion Fruit Royal

Lyre's White Cane, lime, passion fruit, mint, demerara

### Mango Smash

Lyre's White Cane, mango, lime, demerara

### Coconut Colada

Lyre's White Cane, coconut, lime, pineapple

## Beer & Cider

Carib Lager *schooner*

Atlantic Pale Ale *schooner*

Island Press Cider *schooner*

Madri Zero 0.0% 330ml

## Sparkling

Il Baco da Seta Prosecco *Italy*

Speak to a team member for our selection of hot drinks

## Homemade Softs

Ginger Beer

Grapefruit Crush

Sorrell Lemonade

Mango & Limeade

Guava & Watermelon

## Sodas & Juices

Cola | Diet Mango

Lemonade Pineapple

Orange

## Sides 4.2

Rice & Peas **VG**

Spiced Fries **VG**

Sweet Potato Fries **VG** +0.5

Cheesy Jerk Fries **V** +0.5

Mo'bay Mac **V**

Garlic Tenderstems **VG** +0.5

Watermelon & Goats Cheese **V**

Black Beans & Grains **VG**

Trini Toms **VG**

Giant Greens **VG**



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MAIN 07.25

Turtle Bay

