

Caribbean soul and vibe is easy, relaxed and full of good energy. Bright, bold flavours, music playing and a place you can drop into without a plan.

Turtle Bay



Brunch

Served from 10am 'til 5pm (3pm Saturdays)

Folded Breakfast Roti Chilli jam, cream cheese, rocket, pink onion. Choose: Bacon / Jerk Sausage / Fried Eggs ① / Plantain ①	£7.75
Full Caribbean Bacon, jerk sausage, beans, tomato, mushroom, muffin & fried egg	£11.45
Vegan Caribbean ⑥ Plantain, roasted peppers, avocado, beans, tomato, mushroom & muffin With - Fried egg ①	£9.45
Sunrise Steak & Egg 28-day aged grilled rump, Trini-churri, avocado, tomato, fried egg, muffin	£12.75
Island Eggs Muffins, sun-dried tomato sauce, poached eggs, spiced hollandaise. Choose:	
Bacon	£9.95
Avocado ①	£9.45
Sweetcorn Hash ① Sweetcorn fritters, poached egg, halloumi, avocado, mango mole, maple syrup	£10.45
One Pot Hash Diced fries, roasted peppers, onions, fried egg. Choose:	
Curry Goat	£11.95
Brown Chicken	£11.45
Honey Bunny Yardbird Crispy chicken, bara roti stack, maple syrup, watermelon, fried egg	£10.45
Vegan Yardbird ⑥ Crispy jackfruit patty, avocado, bara roti stack, maple syrup, watermelon	£10.45
Martinique Toast Brioche French Toast with a choice of: Caramelised plantain, coconut & lime yoghurt, mango ① Crispy bacon, fried egg, maple syrup	£9.45 £10.45

Nibbles

While you choose

Chilli & Thyme Olives ⑥	£3.20
Jerk Sausage	£3.20
Crispy Channa ⑥	£3.20
Plantain Chips ⑥	£3.20

Starters & Small Plates

Perfect to start, share or graze

Sweetcorn Fritters ⑥ Crispy golden fritters with mango mole	£6.90
Trini Doubles ⑥ A Trinidadian favourite - soft bara roti, curried chickpeas, cucumber chow, and a dash of hot sauce	£4.50
Tamarind Pork Sticky tamarind & chilli glazed bites	£7.90
Crispy Wings 24hr marinated, fried and tossed in a choice of: Hot Mango / Jerk Gravy / Garlic Glaze	£7.25
Pit Prawns Inspired by Jamaican pepper prawns Whole prawns, Scotch bonnet, garlic butter, roti	£8.25
Chilli Squid Coconut panko, lemon mayo, mango mole	£7.45
Baked Goats Cheese ① Sun-dried tomatoes, caramalised onion, chilli oil	£7.85
Charred Corn Ribs Smoky, spiced, juicy. Perfect to share. Choose: Sweet Tamarind / Hot Mango ⑥ / Garlic Glaze ⑥	£6.90
Mango Fried Chicken Crispy chicken thigh, fresh mango, Bajan hot sauce	£7.25
Loaded Jerk Fries ① Golden fries, rich jerk gravy, melted cheese, chilli mayo	£5.90

Just good food,
good drinks
and time well spent.

From The Grill

All fired up and straight off the flame

These dishes are served on their own - perfect for sharing with friends. Add your accompaniments to make it a feast.

Tamarind Salmon Whole fillet, sweet tamarind glaze, creamed greens	£14.95
Rum BBQ Ribs Rack of fall-off-the-bone ribs, sticky rum BBQ glaze	£16.95
Whole Sea Bream Garlic butter, Trini-churri, lemon & thyme	£16.95
Grilled Octopus Tomato salsa, lemon mayo, chilli oil	£16.95
Carib Steak 28-day aged rump, served pink, Trini-churri With - Whole Prawns	£14.95 £17.45

Jerk Pit Chicken

Our signature - 24 hour marinated and chargrilled over open flame. Choose your chicken:

	On it's own	With rice or fries
Breast	£8.95	£12.85
Half	£9.95	£13.85
Whole	£16.95	£20.85

Choose your homemade sauce:

Jerk Gravy / Garlic Glaze / Mo'Bay / Hot Mango

West Indian Curries

Slow-cooked comfort, big on flavour

Our curries come just as they are. Rice & peas, and roti make them even better.

	On it's own	With rice or fries
Curry Goat A classic. Slow-roasted with garlic, ginger & warm Scotch-bonnet spice	£11.45	£15.35
Trini Coconut Curry Creamy coconut, ginger, garlic, green seasoning If you'd like it milder, just ask. Choose:		
Chicken	£10.45	£14.35
Prawns	£11.45	£15.35
Brown Chicken Braised thighs, tomatoes, thyme, peppers, plantain	£10.45	£14.35
Curry Okra & Spinach ⑥ Vibrant and warming, spinach, okra & chickpeas	£9.45	£13.35

Side Plates

Rice & Peas ⑥	£3.90	Mac & Cheese ①	£3.90
Spiced Fries ⑥	£3.90	Creamed Greens ⑥	£4.20
Green Salad ⑥	£3.90	Garlic Tenderstems ⑥	£4.50
Sweet Potato Fries ⑥	£4.40	Garlic Flatbread ⑥	£5.00
Coconut Black Beans ⑥	£4.20	With - Cheese ①	£6.00

Burgers & Wraps

Ideal for laid-back lunches and late night snacks

Our burgers & wraps come on their own - make it a meal and add your fries and sides.

Trini Toastie ① Golden, oozy cheese, sun-dried tomato sauce With - Jerk Chicken	£6.45 £8.95
Carib Roti Wraps Grilled roti, avocado, slaw, tomato & cucumber. With: Fried Chicken Crispy Jackfruit ⑥	£9.45 £9.45
Smashed Burger Two beef patties, melted cheese, chilli mayo	£10.45
Crispy Chicken Burger Fried thigh, chilli mayo	£10.45
Jackfruit Burger ⑥ Crispy jackfruit patty, green seasoning, tomato	£10.45

All burgers are served in a soft vegan brioche bun with lettuce, pickles and pink onions

Add bacon +£1.5

Easy Eats

Favourites with an island twist

Buddha Bowl ⑥ Black beans, grains, pineapple, cucumber & leaves. With: Whole Prawns Grilled Chicken	£11.95 £14.45 £14.45
Avocado & Mango Salad ⑥ Leaves, tomatoes, lime & maple syrup dressing Spiced Prawns Grilled Chicken	£11.95 £14.45 £14.45
Kingston Fried Chicken Golden chicken thigh, creamy slaw, pink onion With - Spiced Fries	£9.50 £13.40
Surfside Pizzas Sun-dried tomato sauce, Cheddar, sourdough base. Choose: Jerk Sausage Goats' Cheese & Sweet Onions ① Jerk Chicken	£12.45
Mac & Cheese ① Creamy & cheesy, roasted peppers & herbs. With: Spiced Prawns Jerk Chicken	£11.95 £14.45 £14.45

Add Ons

Bara Roti ⑥	£2.10	Cucumber Chow ⑥	£2.10
Dumplings ⑥	£2.10	Creamy Slaw ①	£2.10
Sweet Plantain ⑥	£2.10		

Sharing Set Meal

The best way to dine - all the favourites, plus unlimited rice & peas, bara roti or spiced fries!

Pick one of our set meals and enjoy all the dishes listed, over two courses.

£29.90 per person - minimum two

CLASSIC

Sweetcorn Fritters
Chilli Squid
Mango Fried Chicken
Half Jerk Chicken
Curry Goat
Creamy Slaw
Cucumber Chow
Dumplings

SEAFOOD

Sweetcorn Fritters
Chilli Squid
Whole Sea Bream
Tamarind Salmon
Creamed Greens
Coconut Black Beans
Creamy Slaw

PLANT ⑥

Sweetcorn Fritters
Trini Doubles
Avocado & Mango Salad
Curry Okra & Spinach
Buddha Bowl
Sweet Plantain
Cucumber Chow
Coconut Black Beans

Cocktails







Happy Hour 2 for £15 all day, every day

The same cocktail, at the same time.

 Koko Colada £11.5 Koko Kanu, Deeds, passion fruit, coconut cream, pineapple	 Island Ice Tea £X.X White rum, gin, vodka, tequila, triple sec, lime, diet cola	 Siren's Call £9.5 White rum, passion fruit, pineapple, strawberry, guava	 Bay Rum Punch £10.5 Duppy Spiced, pineapple, vanilla, passion fruit
 Passion Fruit Mojito £10.5 Appleton Signature, fizz, lime, passion fruit, mint, vanilla	 Mango Paloma £X.X Tequila, triple sec, mango, grapefruit crush, lime	 Raspberry Reggae £9.5 Dark rum, blackberry, guava juice, raspberry soda, lime (try with gin or vodka)	 Jamrock Punch £9.5 Vodka, watermelon, passion fruit, lime, strawberry, grapefruit soda (try with rum)
 Passion Fruit Rumtini £11.5 White rum, passion fruit liqueur, pineapple, vanilla, fizz (try with vodka)	 Coffee Rumtini £11 Dark rum, coffee liqueur, espresso, demerara (try with vodka)		

Zeros

Happy Hour 2 for £13 all day, every day

 Virgin Colada £9.5 Lyre's White Cane, coconut, lime, pineapple	 Passion Paradise £8.5 Lyre's White Cane, passion fruit, lime, guava	 Passion Fruit Royal £8.5 Lyre's White Cane, lime, passion fruit, mint, demerara
 Strawberry Non Daiquiri £9.5 Lyre's White Cane, lime, strawberry, guava, demerara	 Citrus Splash £8.5 Tanqueray Orange 0.0%, Lyre's White Cane, lime, grapefruit, mint	 Mango Smash £9.5 Lyre's White Cane, mango, demerara, lime

Softs

JUICES

Matcha & Pineapple	£4.9
Turmeric & Mango	
Mango	£4.5
Orange	£4.5
Guava	£4.5
Pineapple	£4.5

SHAKES

Gingerbread	£4.9
Solero	£4.9
Matcha	£4.9

HOMEMADES

Ginger Beer	£4.5
Grapefruit Crush	£4.5
Sorrell Lemonade	£4.5
Mango & Limeade	£4.5
Guava & Watermelon	£4.5

Wine

125ml available 175ml 250ml bottle

RED			
Da Luca Nero d'Avola <i>Italy</i>	£8	£9.5	£27
Tilia Malbec <i>Argentina</i>	£9	£10.5	£29
Wise Wolf Cabernet Sauvignon <i>France</i>	£10	£11.5	£31

WHITE			
Berri Estates Chardonnay <i>Australia</i>	£8	£9.5	£27
Da Luca Pinot Grigio <i>Italy</i>	£9	£10.5	£29
Waipara Hill Sauvignon Blanc <i>New Zealand</i>	£10	£11.5	£31

ROSÉ			
Granfort Cinsault Rosé <i>France</i>	£8	£9.5	£27

FIZZ			
Il Baco da Seta Prosecco <i>Italy</i>		£6	£29

Beer & Cider

DRAFT	pint
Carib Lager	£7.0
Atlantic Pale Ale	£7.0
Island Press Cider	£7.0

Half pints & schooner available

BOTTLES	330ml
Madri Lager	£5.3
Madri Zero 0.0%	£5
Lucky Saint IPA 0.5%	£5
Guinness 0.0 568ml	£6



Scan the QR for allergens & calories.

 Vegan  Vegetarian

Our dishes are made fresh in kitchens where flour and gluten are used, so we can't guarantee any item is completely allergen or gluten-free. Our menu descriptions don't list every ingredient - if you have allergies or dietary needs, please speak to our team before ordering. A 10% optional service charge applies to tables of 5 or more. 100% of tips and service charges go directly to our team.