

Brunch & Lunch from 9 Served until 5pm all week (3pm Saturdays).

Avo on Sourdough Toast **VG**
smashed avo, toasted sourdough
+ poached eggs **V**
or smoked bacon +2

Ackee on Sourdough Toast **VG**
scrambled ackee, peppers, onion,
Scotch bonnet, toasted sourdough

Breakfast Roti +0.5
warm flatbread with chilli jam,
garlic mushrooms
- Smoked bacon, fried egg
- Jerk sausage, fried egg
- Vegan sausage, plantain **VG**

Vegan Yardbird **VG** +0.5
bara roti stack with plant-based
fried 'chicken', smashed avo,
maple syrup

Rice Bowl +1.5
tenderstem broccoli, pickled
cabbage & beets, plantain, mango
salsa, coconut & callaloo rice
- Coconut fried chicken
- Spiced king prawns
- Plant-based fried 'chicken' **VG**

Honey Bunny Yardbird +0.5
bara roti stack with fried chicken,
maple syrup, fried egg

Bay Brunch 34.1 PP

5 drinks including cocktails, zero
cocktails, prosecco, draft beers,
softs & hot drinks with any dish
from our bay brunch menu.

Available until 5pm (3pm Saturdays)
Ask for our bay brunch menu

Small Plates from 7

Good as starters or for sharing.

Trini Doubles **VG**
curried channa, cucumber chutney,
Bajan hot sauce, bara roti

Crispy Chilli Squid +1
coconut-marinated & panko-fried,
mango mole, jerk spiced mayo

Mac & Cheese Bites **V**
chilli mango mole, jerk mayo

Garlic Pit Prawns +1
garlic & Scotch bonnet butter,
roti flatbread for mopping up

Ackee Saltfish Rolls
ackee & saltfish wrapped in roti,
pepper salsa

Sweetcorn Fritters **VG**
mango mole, Bajan hot sauce

Rum BBQ Ribs +1.5
baby back pork ribs, rum
BBQ sauce

Fish Tacos +1
panko hake, avocado, zesty slaw,
pepper salsa, bara roti

Jerk Pit Wings +0.5
24 hour-marinated & fire-grilled,
jerk gravy

Rum BBQ Wings +0.5
breaded wings, rum BBQ sauce,
jerk mayo, hot sauce

Bigger Plates

BURGERS & ROTIS

Bay Burger 14.9
Aberdeen Angus patty, cheddar,
bacon, sourdough bun, with
spiced fries

Chickpea Bun **VG** 14.2
spiced chickpea & bean patty,
pineapple chutney, sourdough
bun, with spiced fries

Hot Chick Burger 14.2
fried chicken, jerk mayo, hot
sauce, sourdough bun, with
spiced fries

Roti Wrap 14.2
smashed avocado, red cabbage,
cucumber, tomatoes, jerk mayo,
with spiced fries
- Jerk chicken
- Halloumi **V**
- Sweetcorn fritter **VG**

ONE POTS

Brown Stew Chicken 15.4
braised with garlic, thyme, tomatoes
and peppers. With plantain, and
either rice & peas or creamy mash

Slow Cooked Beef 18.9
butter beans, scotch bonnet, allspice
and thyme sauce, with creamy mash
or rice & peas

Curry Goat 15.9
tender goat, scotch bonnet,
allspice, and thyme sauce,
with rice & peas

Trini Curry Chicken 15.4
sweet mango, coconut & chilli
sauce, with rice & peas

Curry Chickpea **VG** 14.5
callaloo greens, mild coconut
sauce, with coconut rice & peas

+ dumplings for dipping **VG** +4

SOUL FOOD

Seafood Soul Bowl 16.5
king prawns, squid, salmon,
creamy coconut sauce, rice
& peas, roasted greens

Curry Goat Hash 15.9
rich curry goat, mashed spiced
fries, fried eggs, pickled veg

Kingston Fried Chicken 15
with slaw & either spiced fries
or mac & cheese

Mac & Cheese **V** 14
pure good mood food
+ jerk chicken or bacon +1

Perfect to share

Jerk Platter 33.5
half jerk chicken, half rack of
BBQ ribs, jerk sausage, rice &
peas, spiced fries, slaw

FROM THE GRILL

24hr Marinated Jerk Chicken
choose fiery jerk or creamy Mo'Bay,
with rice & peas or spiced fries
- Breast 14.7
- Half 15.2
- Whole 23.95
- Plant-based **VG** 14.7

Rum BBQ Ribs 19
rum BBQ sauce, pineapple chow,
with rice & peas or spiced fries

Jerk Beef Rib 18.9
jerk gravy, sweet potato mash,
seasonal roasted greens

Jerk Pork Belly 17.9
jerk gravy, sweet potato mash,
seasonal roasted greens

Jerk Salmon 16
jerk gravy, slaw, with either rice
& peas or spiced fries

Sides from 4

Jerk Corn on the Cob **VG**
Festivals **VG** (dumplings)
Tenderstem Broccoli **VG** +1
Coconut Rice & Peas **VG**
Sweet Potato Fries **VG** +0.5
Mac & Cheese **V** +0.5

Garlic Flatbread **VG** +1
Jerk Halloumi **V** +1
Roasted Greens **VG**
Sweet Plantain **VG**
Cheesy Jerk Fries **V** +1
Spiced Fries **VG**

Desserts 5.9


Ginger Pudding **VG**
with fresh pineapple compote
& coconut ice cream
**Salted Caramel
Chocolate Brownie** **V**
with coconut ice cream


Cheesecake **V**
banoffee cheesecake, mango coulis
Ice Cream 2 a scoop
vanilla **V**, coconut **VG**,
chocolate & fudge **V**
or mango & passion fruit sorbet **VG**


Turtle Bay


Cocktails 11.2


Sunday-Thursdays Special Cocktails 6.9, Carib Lager 4.6, Atlantic Pale Ale 5.4, Bottles & cans from 4.2 all day


 **Mai Tai Punch**
Kingston 62 Gold, amaretto,
falernum, triple sec,
lime, pineapple


 **Lychee Daiquiri**
Twin Fin Lychee & Coconut,
triple sec, sorrel, lime


 **Raspberry Reggae**
dark rum, lime, blackberry
liqueur, raspberry, guava
* Try with Vodka or Gin

 **Hugo Spritz**
St-Germain elderflower liqueur,
prosecco, fresh mint, fizz, soda


 **Caribbean Candy Sour**
Kingston 62 Gold, amaretto,
falernum, apple, grapefruit,
green melon liqueur, lime


 **Island Ice Blast**
Duppy White, gin, vodka,
tequila, triple sec, blue
Curacao, dragon fruit,
lemon, lemonade


 **Rum Runner**
Kingston 62 Gold, dark rum,
amaretto, raspberry,
blackberry, lime, strawberry


 **Jungle Bird**
Appleton Signature, Sarti
Rosa, lime, pineapple


 **Passion Fruit
Mojito Royal**
Appleton Signature, passion
fruit, mint leaves, lime, fizz


 **Jamrock Punch**
gin, passion fruit, strawberry,
apple, grapefruit, lime


 **Island Ice Tea**
Duppy White, gin, vodka,
tequila, triple sec, lemon,
diet cola


 **Coconut Espresso
Martini**
dark rum, coffee liqueur,
coconut, cold brew coffee
* Try with Vodka


 **Painkiller**
Pusser's Blue, Koko Kanu,
coconut, pineapple,
orange, nutmeg

 **Mango Paloma**
tequila, triple sec,
mango, grapefruit


 **One Love**
dark rum, passion fruit,
coconut, pineapple

 **Tommy's Spiced
Margarita**
tequila, lime, agave, spiced rim

 **Passion Rum Punch**
dark rum, passion fruit, lemon,
orange, pineapple

 **Strawberry Daiquiri**
Kingston 62 White, white rum,
strawberry, demerara, lime

 **Passion Martini**
white rum, passion fruit, vanilla,
orange, with a shot of fizz
* Try with Vodka


 **Reggae Rum Punch**
Wray & Nephew, white rum,
lime, orange, strawberry,
pineapple, sorrel


Wine 125ml available


RED	175ml	250ml	bottle
Da Luca Nero d'Avola <i>Italy</i>	8.5	9.4	26.7
Tilia Malbec <i>Argentina</i>	9.1	10	28.5
Wise Wolf Cabernet Sauvignon <i>France</i>	9.6	10.7	30.6
WHITE	175ml	250ml	bottle
Berri Estates Chardonnay <i>Australia</i>	8.1	9	25.5
Da Luca Pinot Grigio <i>Italy</i>	8.6	9.5	27
Waipara Hill Sauvignon Blanc <i>New Zealand</i>	9.4	10.4	29.7
ROSE	175ml	250ml	bottle
Granfort Cinsault Rosé <i>France</i>	8.6	9.5	27
SPARKLING	125ml	bottle	
Il Baco da Seta Prosecco <i>Italy</i>	6.15	27.75	
Veuve Clicquot Champagne <i>France</i>		80	


Zero


COCKTAILS 7.35


 **Citrus Splash**
Tanqueray Flor De Sevilla 0.0,
Lyre's White Cane, lime,
grapefruit, mint

 **Strawberry Non Daiquiri**
Lyre's White Cane, strawberry,
guava, demerara, lime

 **Passion Paradise**
Lyre's White Cane, passion
fruit, lime, mint, grapefruit crush

 **Passion Fruit Nojito**
Lyre's White Cane, lime,
passion fruit, mint,
demerara

 **Mango Smash**
Lyre's White Cane, Mango,
demerara, lime

 **Piña Non Daiquiri**
Lyre's White Cane, coconut,
lime, pineapple

BEER

Madri 0.0 330ml 5

Lucky Saint IPA 0.5% 330ml 5

Guinness 0.0 568ml 6

SPIRITS 4.75 with juice or soft
tonic +1.2

Tanqueray 0.0

Tanqueray Flor De Sevilla 0.0

Lyre's White Cane

Rums single 5.65 double 8.85 with juice or soft | tonic +1.2

BIG & BOLD

El Dorado 12 *Guyana*
Wray & Nephew 63% *Jamaica*
Equiano Dark *Barbados, Mauritius*
Goslings Black *Bermuda*
Wood's Old Navy 57% *Guyana*
Duppy Share
Aged *Jamaica, Barbados*

WHITE & LIGHT

Westerhall Rum No.2 *Grenada*
Angostura 7 *Trinidad & Tobago*
Appleton Signature *Jamaica*
Cockspur *Barbados*
Kingston 62 White *Jamaica*
Duppy Share
White *Jamaica*

SPICED & GOLD

Foursquare Spiced *Barbados*
Rumbullion! *Barbados*
Las Olas *Jamaica, Barbados*
RedLeg Spiced *Jamaica*
Kingston 62 Gold *Jamaica*
Duppy Share
Spiced *Jamaica, Barbados*

FLAVOURED

Langs Mango & Ginger *Jamaica*
Twin Fin Coconut
& Lychee *Jamaica*
Koko Kanu Coconut *Jamaica*
Cockspur Pineapple *Barbados*
Discarded Banana *Scotland*
Project 173 Black
Cherry *England*

Spirits single double



Skky Vodka 5.65 8.85
Bombay
Sapphire Gin 5.65 8.85
Jack Daniel's 5.65 8.85
House Spirits 5.3 8.3

with juice or soft | tonic +1.2

Beer & Cider

Carib Lager *pint* 6.4
Atlantic Pale Ale *pint* 6.9
Island Press Cider *pint* 6.4
Madri Lager 330ml 5.3
Pils Golden Lager 440ml 5.45
Pale Ale 440ml 5.45



Scan the QR for allergens & calories.  Vegan  Vegetarian
Our descriptions don't mention every ingredient. We can't guarantee anything is 100% free of allergens or gluten, but if you have any allergies or intolerances just have a chat with our team before you order. We'll add an optional 10% service charge if you're a party of 4+. 100% of tips & service charges go to the whole team.