



Smaller Plates *Perfect to start, share or graze*

Trini Doubles 6.9	Bara roti, channa, cucumber chow, hot sauce
Sweetcorn Fritters 6.9	Crisp, moreish, a squeeze of lime
Tamarind Pork Belly 7.9	Sticky tamarind & chilli glaze
Tropical Burrata 8.3	Grilled pineapple, mango, Trini-churri
Coconut Mussels 7.2	Coconut curry, fresh herbs, flatbread
Pit Prawns 8.2	Whole prawns, Scotch bonnet garlic butter, roti
Chilli Squid 7.5	Coconut panko, lemon mayo, mango mole
Grilled Wings 7.2	24-hour marinated. Choose: Sweet Tamarind / Hot Mango / Jerk Gravy
Salt Fish Fritters 7.2	Golden, crisp, lightly spiced
Mango Fried Chicken 7.2	Crispy chicken thigh, fresh mango, Bajan hot sauce
Charred Corn Ribs 6.9	Smoky, spiced, juicy. Choose: Sweet Tamarind / Hot Mango / Garlic Butter

Bigger Plates *Full-flavoured Caribbean mains*

Grilled *Flamed on Robata grill - add sides for the perfect plate*

Bajan Pork 15	Roasted pineapple, hot mango sauce
Whole Sea Bream 17	Garlic butter, Trini-churri, lemon & thyme
Tamarind Salmon 15	Sweet tamarind glaze, creamed greens
Carib Steak 15	28-day aged rump, served pink, Trini-churri With - Whole Prawns 17.5
Whole Eggplant 11.5	Black beans, mixed grains, coconut-lime sauce
Jerk Chicken	Chargrilled over open flame. Choose: Breast 9 / Half 9.9 / Whole 16.9 Homemade sauces. Choose: Mo'Bay / Hot Mango / Jerk Gravy

One Pots *Slow-cooked comfort - add rice, roti or fries*

Curry Goat* 11.3	Slow-roasted with garlic & ginger, warm Scotch-bonnet spice
Brown Chicken 10.5	Braised thighs, tomato, thyme, peppers, plantain
Trini Coconut Curry	Creamy coconut & mildly spiced. Choose: Chicken 10.5 / Prawns 11.5 / Cod Loin 11.5
Curry Chickpeas 9.5	Coconut, ginger, garlic, chilli, spinach

Bowls & Breads *Fresh and vibrant*

Grain Bowl 11.9	Black beans, grains, pineapple, chow & leaves With - Whole Prawns 14.4 / Grilled Chicken 14.4
Surfside Pizzas 12.5	Sundried tomato sauce, chilli cheese Jerk Sausage / Goats' Cheese & Sweet Onions / Whole Burrata & Trini Tomato Salsa
Mo'Bay Pasta 11.9	Creamy & cheesy, roasted peppers & herbs With - Prawns 14.4 / Grilled Chicken 14.4

Burgers & Wraps *Make it a feast with spiced fries, salad or slaw*

Smashed Burger 9.7	Two beef patties, melted cheese, chilli mayo
Crispy Chicken Burger 9.7	Fried thigh, chilli mayo
Mushroom Burger 9.7	Goat's cheese, grilled mushrooms, caramelised onion
All served with fresh lettuce, lemon mayo, gherkin, pink onion, vegan brioche bun Add bacon +1	
Trini Toastie	Island heat, oozy cheese, peppers, pink onion, rocket Choose - Chilli Cheese 7.5 / Curry Chicken 9.5
Carib Roti Wraps 9.5	Grilled roti, avocado, slaw, tomato & cucumber. With: Crispy Chicken / Roasted Aubergine & Plantain

Sharing Set Meal 29.9 per person Minimum two

Discover our menu the best way - by sharing! Pick one of our set meals and enjoy all the dishes listed, plus endless rice & peas or bara roti.

CLASSIC	SEAFOOD	PLANT
Sweetcorn Fritters	Salt Fish Fritters	Sweetcorn Fritters
Chilli Squid	Chilli Squid	Trini Doubles
Mango Fried Chicken	Whole Sea Bream	Whole Eggplant
Half Jerk Chicken	Tamarind Salmon	Curry Chickpeas
Curry Goat*	Black Beans & Grains	Grain Bowl
Creamy Slaw	Calaloo & Spinach	Sweet Plantain
Cucumber Chow	Creamy Slaw	Cucumber Chow
Dumplings		Creamy Slaw

Side Plates *Little extras to lift or finish any dish*

Carbs

Rice & Peas 3.9
Black Beans & Grains 3.9
Spiced Fries 3.9
Cheesy Jerk Fries 4.9
Sweet Potato Fries 4.4
Mo'Bay Macaroni 3.9
Bara Roti 2.1
Dumplings 2.1
Garlic Flatbread 4.5
With - Cheese 5

Plants

Watermelon & Goat's Cheese 4.2
Calaloo & Spinach 4.2
Garlic Tenderstems [®] 4.5
Heritage Toms 4.5
Avo & Mango Salad 5.5
Cucumber Chow 2.1
Creamy Slaw 2.1
Sweet Plantain 2.1

Beach Brunch *Ease into the day island-style*

Choose your package from our Beach Brunch Menu. Any two small plates, or one Brunch or Bigger Plate plus your choice of drinks package.

Two Step 26	Includes any 2 Beach Brunch drinks
Four Step 32	With any 4 Beach Brunch drinks
Many Steps 36	Unlimited Beach Brunch drinks (90 minutes)

Midnight Brunch *Same great brunch offer under the moonlight*

Sunday to Friday after 8:30pm - enjoy 90 minutes unlimited drinks 36

Lunch Deal *Ditch the desk and join us for lunch*

Choose any Burger, Wrap or Toastie and a choice of Spiced Fries / Rice & Peas / Citrus Slaw / Cucumber Chow 11
Monday to Friday before 3pm

Sunday Sharer *Every Sunday's made for sharing*

Slow down, get together and tuck in to our Sunday Sharing Feast
20 per person

Sunshine's for everyone - little ones eat free with us, every day of the week.

Live Music & Performances

Join us for weekly DJs, singers, and island rhythms bringing the Caribbean vibe. Good music, great cocktails, and the best company late into the night.

Speak to a member of the team for more information.



Turtle Bay

10AM - LATE

Zero Cocktails

Happy Hour 2 for £13
All day, every day*

- Citrus Splash** 8
Tanqueray Orange 0.0%, Lyre's White Cane, lime, grapefruit, mint
- Passion Paradise** 8
Lyre's White Cane, passion fruit, lime, guava
- Strawberry Non Daiquiri** 9
Lyre's White Cane, strawberry, guava, demerara, lime

- Passion Fruit Royal** 8
Lyre's White Cane, lime, passion fruit, mint, demerara
- Virgin Colada** 9
Lyre's White Cane, coconut, lime, pineapple
- Mango Smash** 9
Lyre's White Cane, mango, demerara, lime

Wine

125ml available

175ml 250ml bottle

RED				
Da Luca Nero d'Avola <i>Italy</i>	8	9.5	27	
Tilia Malbec <i>Argentina</i>	9	10.5	29	
Wise Wolf Cabernet Sauvignon <i>France</i>	10	11.5	31	
WHITE				
Berri Estates Chardonnay <i>Australia</i>	8	9.5	27	
Da Luca Pinot Grigio <i>Italy</i>	9	10.5	29	
Waipara Hill Sauvignon Blanc <i>New Zealand</i>	10	11.5	31	
ROSÉ				
Granfort Cinsault Rosé <i>France</i>	8	9.5	27	
FIZZ			125ml	
Il Baco da Seta Prosecco <i>Italy</i>		6	29	

Cocktails

Happy Hour 2 for £13
All day, every day*

- Koko Colada** 11
Koko Kanu, Deeds, passion fruit, coconut cream, pineapple
- Cherry Sling** 10.5
Kingston 62 Gold, cherry rum, lime, vanilla, cherry, grapefruit soda
- Raspberry Reggae** 9
Dark rum, blackberry, guava juice, raspberry soda, lime (try with gin or vodka)
- Jungle Bird** 11
Appleton Signature, Sarti, lime, demerara, pineapple
- Passion Fruit Mojito** 10
Appleton Signature, fizz, passion fruit, mint, vanilla
- Coffee Rumtini** 10.5
Dark rum, coffee liqueur, espresso, demerara (try with vodka)
- Classic Daiquiri** 9
Kingston 62 White, lime, demerara. watermelon / strawberry / passion fruit
- Passion Fruit Rumtini** 11
White rum, passion fruit liqueur, pineapple, vanilla, fizz (try with vodka)
- Reggae Rum Punch** 10
Wray & Nephew, sorrell, pomegranate, mango

- Spring Ting Spritz** 10
Duppy White, elderflower, mint, grapefruit soda (try with gin or vodka)
- Jamrock Punch** 9
Vodka, watermelon, passion fruit, lime, strawberry, grapefruit soda (try with rum)
- Bay Rum Punch** 10
Duppy Spiced, pineapple, vanilla, passion fruit
- Tropical Spritz** 9.5
White rum, bitter orange, watermelon, passion fruit, soda, fizz
- Jamaican Swizzle** 11
Appleton Signature, mint, lime demerara, bitters
- Siren's Call** 9
White rum, passion fruit, pineapple, strawberry, guava
- Tommy's Margarita** 10.5
Tequila, lime, triple sec, honey syrup. watermelon / strawberry / passion fruit
- Bohemian Mojo** 11
Hawkbill Spiced, absinthe, lime, mint, ginger beer, gingerbread.
Each cocktail sold helps to support the protection of baby sea turtles

Rums

single 25ml 5.2 double 50ml 8.2

juice or soft included / tonic +1.2
rums marked with * +1

BIG & BOLD

- Appleton 12yr* *Jamaica*
- Pusser's Blue Label *British Virgin Islands*
- Brugal 1888 *Dominican Republic*
- El Dorado 12yr* *Guyana*
- Goslings Black Seal *Bermuda*

WHITE & LIGHT

- Wray & Nephew *Jamaica*
- Angostura 7yr *Trinidad & Tobago*
- Appleton Signature *Jamaica*
- Duppy White *Jamaica*
- Kingston 62 White/Gold *Jamaica*

RUM FLIGHT 13

Take a trip around the islands with any 3 rums and a mixer of your choice

SPICED & GOLD

- Foursquare Spiced *Barbados*
- Hawkbill Spiced Rum *Guyana & Trinidad*
- Deeds Dark Spiced *England*
- Appleton 8yr *Jamaica*
- Mount Gay Black Barrel *Barbados*

FLAVOURED

- Koko Kanu Coconut *Jamaica*
- 173 Black Cherry *England*
- Cockspur Pineapple *Barbados*
- Twin Fin Lychee *Jamaica, Dominican*

Ask a member of the team for our wider rum selection

Softs

CARIBBEAN SHAKES 5.5

A creamy, chilled blend, bursting with flavour
Gingerbread / Solero / Matcha

PRESSES 5.5

Full of sunshine, and good for the soul
Matcha & Pineapple / Turmeric & Mango

HOMEMADE 4.5

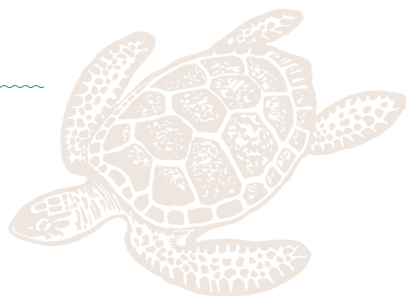
Ginger Beer / Grapefruit Crush / Sorrell Lemonade
Mango & Limeade / Guava & Watermelon

SODAS & JUICES reg 3.5 large 4.5

Cola / Diet / Lemonade / Orange / Guava / Mango / Pineapple

HOT DRINKS

Speak to a team member for our selection



Beer & Cider

DRAFT	schooner	pint
Carib Lager	4.5	6.5
Atlantic Pale Ale	4.5	6.5
Island Press Cider	4.5	6.5
Half pints available		
BOTTLES	330ml	
Madri Lager	5.3	
Madri Zero 0.0%	5	
Lucky Saint IPA 0.5%	5	
Guinness 0.0 568ml	6	

Perfect Serves 9

- Aperol Spritz**
Aperol, fizz, soda water
- Dark 'n' Stormy**
Goslings Dark Rum, ginger beer
- Paloma**
Espolon Blanco, grapefruit crush
- Jamo & Ginger**
Jameson, ginger beer
- Perfect Gin & Tonic**
Portobello Road Gin, tonic



Scan the QR for allergens & calories.

Our dishes are made fresh in kitchens where flour and gluten are used, so we can't guarantee any item is completely allergen or gluten-free. Our menu descriptions don't list every ingredient - if you have allergies or dietary needs, please speak to our team before ordering.

*The same cocktail, at the same time.

Desserts £5.9

Ginger Pudding (VG)

*Pineapple compote,
coconut ice cream*

Mango Rice Pudding (V)

*Fresh mango, creamy rice
pudding, brown sugar*

Salted Caramel Chocolate Brownie (V)

Coconut ice cream

Baked Lime Panna Cotta (V)

Mango & passion fruit coulis

Cheesecake (V)

*Banoffee cheesecake, mango
coulis*

Ice Cream 2 a scoop

*Vanilla (V), Coconut (VG),
Chocolate & fudge (V)
or Mango & passion fruit
sorbet (VG)*

Fancy something to sip instead?

*Our drinks menu is stacked with Caribbean
classics and feel-good favourites.*

Rum Flight 13

*Take a trip around the islands with
any 3 rums and a mixer of your choice*

Hot Drinks

Speak to a team member for our selection

