



Small Plates perfect for starters or sharing

Trini Doubles ^{VG} 6.9	bara roti, channa, cucumber chow, hot sauce
Sweetcorn Fritters ^{VG} 6.9	mango mole, pink onion, hot sauce
Tamarind Pork Belly 7.9	crispy pork bites, tamarind & chilli glaze
Tropical Burrata 8.3	grilled pineapple, mango, spiced Trini-churri
Coconut Mussels 7.2	coconut curry, fresh herbs, flatbread
Pit Prawns 8.2	whole prawns, Scotch bonnet garlic butter, roti
Chilli Squid 7.5	chilli & coconut panko, lemon mayo, mango mole
Grilled Wings 7.2	24 hour marinated, grilled and tossed Sweet Tamarind / Hot Mango / Jerk Gravy
Salt Fish Fritters 7.2	mango mole, coconut & lime yoghurt
Mango Fried Chicken 7.2	crispy chicken thigh pieces, fresh mango
Charred Corn Ribs 6.9	Sweet Tamarind / Hot Mango ^{VG} / Garlic Butter ^{VG}

Side Plates made to mix, built to share

CARBS	PLANTS
Rice & Peas ^{VG} 3.9	Watermelon & Goats Cheese ^V 4.2
Garlic Flatbread ^{VG} 4.5 Add cheese ^V +0.5	Avocado & Mango Salad ^{VG} 5.5 seasonal leaves, tomatoes, lime dressing
Spiced Fries ^{VG} 3.9	Heritage Toms ^{VG} 4.5
Cheesy Jerk Fries ^V 4.9	Garlic Tenderstems [®] ^{VG} 4.5
Sweet Potato Fries ^{VG} 4.4	Black Beans & Grains ^{VG} 3.9
Mo'Bay Creamy Pasta ^V 3.9	Creamed Calaloo & Spinach ^{VG} 4.2

Add Ons tasty accompaniments to any meal

Dumplings ^{VG} 2.1	Cucumber Chow ^{VG} 2.1
Bara Roti ^{VG} 2.1	Citrus Slaw ^{VG} 2.1
Sweet Plantain ^{VG} 2.1	

Light Bites perfect for a light lunch or a late night snack

Chilli Cheese Toastie ^V 7.5	cheese, sundried tomato sauce, peppers, pink onions Curry Chicken +2 / Flaked Salmon +2
Carib Roti Wraps 9.5	freshly grilled roti, avocado, slaw, tomato, cucumber Crispy Chicken / Roasted Aubergine & Plantain ^{VG}

Sharing Set Menu 29.9pp

Served for two

One of the best ways to enjoy our menu is to share – select either the Classic, Seafood or Plant set menus and get all of the listed dishes

Plus as much rice & peas or spiced fries as you wish!

CLASSIC	SEAFOOD	PLANT ^{VG}
Sweetcorn Fritters	Salt Fish Fritters	Sweetcorn Fritters
Chilli Squid	Pit Prawns	Trini Doubles
Mango Fried Chicken	Whole Sea Bream	Whole Eggplant
Half Jerk Chicken	Trini Cod Curry	Curry Channa Spinach
Curry Goat	Heritage Toms	Grain Bowl
Citrus Slaw	Garlic Tenderstems [®]	Sweet Plantain
Garlic Flatbread	Bara Roti	Citrus Slaw
Cucumber Chow		
Dumplings		

Bigger Plates full flavour, bigger dishes and sunshine in every bite

GRILLED straight off the flame and packed with flavour. Add sides

Bajan Pork 15	roasted pineapple, hot mango sauce
Whole Sea Bream 17	garlic butter, Trini-churri, lemon, thyme
Tamarind Salmon 15	whole fillet, sweet tamarind glaze, creamed greens
Carib Steak 15	28-day aged rump, served pink, Trini-churri Whole Prawns +2.5
Whole Eggplant ^{VG} 11.5	black beans, mixed grains, coconut & lime sauce
Jerk Chicken	our signature marinated chicken chargrilled to perfection over open flames and loaded with bold, smoky flavour. Choose between: Breast 9 / Half 9.9 / Whole 16.9 with your choice of our homemade sauces Mo'Bay / Hot Mango / Jerk Gravy

ONE POTS slow-cooked soul food. Add sides

Curry Goat 11.3	slow roasted, garlic, ginger, green seasoning, Scotch bonnet. An iconic dish
Jamaican Brown Chicken 10.5	braised thighs, garlic, thyme, tomatoes, peppers
Trini Coconut Curry 10.5	creamy coconut, ginger, garlic, green seasoning Chicken / Prawns +1 / Cod Loin +1
Curry Channa & Spinach ^{VG} 9.5	spiced chickpeas, aubergine, spinach

BOWLS & BREADS fresh ingredients, bold toppings

Grain Bowl ^{VG} 11.9	black beans, grains, tomatoes, pineapple, cucumber chow, watermelon, pink onions, leaves Whole Prawns +2.5 / Grilled Chicken +2.5
Surfside Pizzas 12.5	topped with sundried tomato sauce, chilli cheese & herbs. Choose between: - Goats Cheese & Caramelised Onions ^V - Jerk Sausage - Whole Burrata & Trini Tomato Salsa
Mo'Bay Pepper Pasta ^V 11.9	creamy & cheesy, roasted peppers & herbs Prawns +2.5 / Grilled Chicken +2.5

BEACH BURGERS loaded with island flavour and piled high. Add sides

Smashed Burger 9.7	two beef patties, melted cheese
Crispy Chicken 9.7	fried chicken thigh, chilli mayo
Mushroom & Goats Cheese ^V 9.7	grilled mushrooms, goats cheese, caramelised onion
Add bacon +1	all served with fresh lettuce, lemon mayo, gherkin, pink onion, vegan brioche bun

BREAKFAST, BRUNCH & LUNCH

Start the day with us - island inspired dishes, tropical juices and fresh coffee, all set to a soulful soundtrack.

Whether a brief visit, or on island time with a coffee and a newspaper, breakfast & brunch is served until 5pm (3pm Saturdays)

BEACH BRUNCH

Our brand-new packages give you more choice than ever before.

Served from 10am until 5pm (3pm Saturdays)
Ask for our brunch menu

Turtle Bay

10AM - LATE

Zero 8

2 for £13, All day, every day
The same cocktail, at the same time

Citrus Splash
Tanqueray Orange 0.0%, Lyre's White Cane, lime, grapefruit, mint

Passion Paradise
Lyre's White Cane, passion fruit, lime, guava

Strawberry Non Daiquiri
Lyre's White Cane, strawberry, guava, demerara, lime

Passion Fruit Royal
Lyre's White Cane, lime, passion fruit, mint, demerara

Virgin Colada
Lyre's White Cane, coconut, lime, pineapple

Mango Smash
Lyre's White Cane, mango, demerara, lime

Wine

125ml available

175ml 250ml bottle

RED

Da Luca Nero d'Avola *Italy* 8 9.5 27

Tilia Malbec *Argentina* 9 10.5 29

Wise Wolf Cabernet Sauvignon *France* 10 11.5 31

WHITE

Berri Estates Chardonnay *Australia* 8 9.5 27

Da Luca Pinot Grigio *Italy* 9 10.5 29

Waipara Hill Sauvignon Blanc *New Zealand* 10 11.5 31

ROSÉ

Granfort Cinsault Rosé *France* 8 9.5 27

SPARKLING

Il Baco da Seta Prosecco *Italy* 125ml 6 29

Cocktails 8

2 for £13, All day, every day
The same cocktail, at the same time

Koko Colada
Koko Kanu, Deeds, passion fruit, coconut cream, pineapple

Cherry Sling
Kingston 62 Gold, cherry rum, lime, vanilla, cherry, grapefruit soda

Raspberry Reggae
dark rum, blackberry, guava juice, raspberry soda (try with gin or vodka)

Jungle Bird
Appleton Signature, Sarti, lime, demerara, pineapple

Passion Fruit Mojito
Appleton Signature, fizz, passion fruit, mint, demerara

Coffee Rumtini
dark rum, coffee liqueur, espresso, demerara (try with vodka)

Classic Daiquiri
Kingston 62 White, lime, demerara. watermelon / strawberry / passion fruit

Passion Fruit Rumtini
white rum, passion fruit liqueur, pineapple, vanilla, fizz (try with vodka)

Reggae Rum Punch
Wray & Nephew, sorrell, pomegranate, mango

Spring Ting Spritz
Duppy White, elderflower, mint, grapefruit soda (try with gin or vodka)

Jamrock Punch
vodka, watermelon, passion fruit, lime, strawberry, grapefruit soda (try with rum)

Bay Rum Punch
Duppy Spiced, pineapple, vanilla, passion fruit

Tropical Spritz
white rum, Aperol, watermelon, passion fruit, soda, fizz

Jamaican Swizzle
Appleton Signature, mint, lime demerara, bitters

Siren's Call
white rum, passion fruit, pineapple, strawberry, guava

Tommy's Margarita
tequila, lime, triple sec, honey syrup. watermelon / strawberry / passion fruit

Bohemian Mojo
Hawksbill Spiced, absinthe, lime, mint, ginger beer, gingerbread.
Each cocktail sold helps to support the protection of baby sea turtles

Rums

single 25ml 5.2 double 50ml 8.2

juice or soft included / tonic +1.2
rums marked with * +1

BIG & BOLD

Appleton 12yr* *Jamaica*
Pusser's Blue Label *British Virgin Islands*
Brugal 1888 *Dominican Republic*
El Dorado 12yr* *Guyana*
Goslings Black Seal *Bermuda*

WHITE & LIGHT

Wray & Nephew *Jamaica*
Angostura 7yr *Trinidad & Tobago*
Appleton Signature *Jamaica*
Duppy White *Jamaica*
Kingston 62 White/Gold *Jamaica*

RUM FLIGHT 13

Take a trip around the islands with any 3 rums and a mixer of your choice

SPICED & GOLD

Foursquare Spiced *Barbados*
Hawksbill Spiced Rum *Guyana & Trinidad*
Deeds Dark Spiced *England*
Appleton 8yr *Jamaica*
Mount Gay Black Barrel *Barbados*

FLAVOURED

Koko Kanu Coconut *Jamaica*
173 Black Cherry *England*
Cockspur Pineapple *Barbados*
Twin Fin Lychee *Jamaica, Dominican*

Ask a member of the team for our wider rum selection

Softs

CARIBBEAN SHAKES 5.5

A creamy, chilled blend, bursting with flavour
Gingerbread / Solero / Matcha

PRESSES 5.5

Full of sunshine, and good for the soul
Matcha & Pineapple / Turmeric & Mango

HOMEMADE 4.5

Ginger Beer / Grapefruit Crush / Sorrell Lemonade
Mango & Limeade / Guava & Watermelon

SODAS & JUICES reg 3.5 large 4.5

Cola / Diet / Lemonade / Orange / Guava / Mango / Pineapple

HOT DRINKS

Speak to a team member for our selection



Beer & Cider

DRAFT	schooner	pint
Carib Lager	4.5	6.5
Atlantic Pale Ale	4.5	6.5
Island Press Cider	4.5	6.5
Half pints available		
BOTTLES	330ml	
Madri Lager	5.3	
Madri Zero 0.0%	5	
Lucky Saint IPA 0.5%	5	
Guinness 0.0	568ml	6

Perfect Serves 9

Aperol Spritz
Aperol, fizz, soda water

Dark 'n' Stormy
Goslings Dark Rum, ginger beer

Paloma
Espolon Blanco, grapefruit crush

Jamo & Ginger
Jameson, ginger beer

Perfect Gin & Tonic
Portobello Road Gin, tonic



Scan the QR for allergens & calories.

🌱 Vegan 🌿 Vegetarian

Our dishes are made fresh in kitchens where flour and gluten are used, so we can't guarantee any item is completely allergen or gluten-free. Our menu descriptions don't list every ingredient - if you have allergies or dietary needs, please speak to our team before ordering.

Turtle Bay

START YOUR DAY
WITH US

Island inspired dishes, tropical juices and fresh coffee, all set to a soulful soundtrack. Whether a brief visit, or on island time with a coffee and a newspaper, breakfast & brunch is served until 5pm (3pm Saturdays).

Breakfast & Brunch

- Folded Breakfast Roti** 7.5 *chilli jam, cream cheese, rocket, pink onion. Choose: Bacon / Sausage / Fried Eggs ① / Plantain ①*
- Full Caribbean** 10.5 *bacon, sausage, spiced beans, tomato, mushroom, muffin & fried egg*
- Honey Bunny Yardbird** 10.5 *crispy chicken, bara roti, maple syrup, watermelon, fried egg*
- Island Eggs** 9.5 *muffins, tomato & Scotch bonnet sauce, poached eggs, spiced hollandaise. Choose: Bacon / Avocado ① / Flaked Salmon*
- Vegan Caribbean** ⑥ 9.5 *plantain, roasted peppers, avocado, beans, tomato, mushroom & muffin add fried egg*
- Sunrise Steak & Egg** 12.5 *grilled rump, Trini-churri, avocado, tomato, fried egg, muffin*
- One Pot Hash** 11.5 *diced fries, roasted peppers, pink onions, fried egg. Choose: Curry Goat / Jamaican Brown Chicken*

Light Bites

- Chilli Cheese Toastie** ① 7.5 *cheese, sundried tomato sauce, peppers, pink onions Curry Chicken +2 / Flaked Salmon +2*
- Carib Roti Wraps** 9.5 *freshly grilled roti, avocado, slaw, tomato, cucumber Crispy Chicken / Roasted Aubergine & Plantain ⑥*

Drinks

CARIBBEAN SHAKES 5.5
A creamy, chilled blend, bursting with flavour
Gingerbread / Solero / Matcha

PRESSES 5.5
Full of sunshine, and good for the soul
Matcha & Pineapple / Turmeric & Mango

HOMEMADE 4.5
Ginger Beer / Grapefruit Crush / Sorrell Lemonade
Mango & Limeade / Guava & Watermelon

JUICES *reg 3.5 large 4.5*
Orange / Guava / Mango / Pineapple

HOT DRINKS
Speak to a team member for our selection

Fancy Something Stronger?

See our drinks menu for our full selection of cocktails and more

Beach Brunch

Our brand-new packages give you more choice than ever before.

Choose any two Small Plates, or a Brunch or Bigger Plate, plus your choice of drinks package.

2 drinks £26 / 4 drinks £32 / 90mins unlimited drinks £36

Served from 10am until 5pm (3pm Saturdays)

Speak to a member of the team for our Beach Brunch menu.



Beach Brunch

Available until 5pm (3pm Saturdays).
Whole table must participate.

Choose any two Small Plates, or one Brunch or Bigger Plate plus your choice of drinks package:
2 drinks £26 / 4 drinks £32 / 90mins unlimited £36

Breakfast & Brunch

Folded Breakfast Roti

chilli jam, cream cheese, rocket, pink onion. Choose:

Bacon / Sausage / Fried Eggs ① / Plantain ①

Full Caribbean

Bacon, sausage, spiced beans, tomato, mushroom, muffin & fried egg

Honey Bunny Yardbird

Crispy chicken, bara roti, maple syrup, watermelon, fried egg

Island Eggs

muffins, tomato & Scotch bonnet sauce, poached eggs, spiced hollandaise. Choose:

Bacon / Avocado ① / Flaked Salmon

Vegan Caribbean ②

Plantain, roasted peppers, avocado, beans, tomato, mushroom & muffin add fried egg

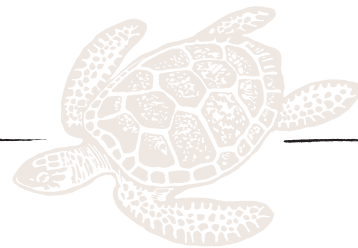
Sunrise Steak & Egg

grilled rump, Trini-churri, avocado, tomato, fried egg, muffin

One Pot Hash

diced fries, roasted peppers, pink onions, fried egg. Choose:

Curry Goat / Jamaican Brown Chicken



Small Plates choose any two

Sweetcorn Fritters ②

mango mole, pink onion, hot sauce

Trini Doubles ②

bara roti, channa, cucumber chow, hot sauce

Pit Prawns

whole prawns, Scotch bonnet garlic butter, roti

Chilli Squid

chilli & coconut panko, lemon mayo, mango mole

Grilled Wings

24 hour marinated wings, grilled and tossed. Choose

Sweet Tamarind / Hot Mango / Jerk Gravy

Salt Fish Fritters

mango mole, coconut & lime yoghurt

Mango Fried Chicken

crispy chicken thigh pieces, fresh mango

Charred Corn Ribs ①

charred with garlic butter & Bajan hot mango sauce

Sweet Tamarind / Hot Mango ② / Garlic Butter ②

Bigger Plates with your choice of rice & peas or spiced fries

Grain Bowl ②

black beans, grains, tomatoes, pineapple, cucumber chow, watermelon, pink onions, leaves. Add

Whole prawns / Grilled chicken

Curry Goat

slow roasted, garlic, ginger, green seasoning, Scotch bonnet. An iconic dish

Jamaican Brown Chicken

braised thighs, garlic, thyme, tomatoes, peppers

Trini Coconut Curry

creamy coconut, ginger, garlic, green seasoning. Choose

Chicken / Prawns / Cod loin

Curry Channa & Spinach ②

spiced chickpeas, aubergine, spinach

Surfside Pizzas

topped with sundried tomato sauce, chilli cheese & herbs. Choose

- Goats Cheese & Caramelised Onions ①
- Jerk Sausage
- Whole Burrata & Trini Tomato Salsa

Chilli Cheese Toastie

cheese, sundried tomato sauce, peppers, pink onions. Add

Curry Chicken / Flaked Salmon

Carib Roti Wraps

freshly grilled roti, avocado, slaw, tomato, cucumber. Choose

Crispy Chicken / Roasted Aubergine & Plantain ②

Beach Burgers

all served with fresh lettuce, lemon mayo, gherkin, pink onion, vegan brioche bun. Choose

- Smashed Burger
two beef patties, melted cheese
- Crispy Chicken
fried chicken thigh, chilli mayo
- Mushroom & Goats Cheese ①
grilled mushrooms, goats cheese, caramelised onion

Jerk Chicken

our signature marinated chicken breast chargrilled to perfection over flames and loaded with bold, smoky flavour. Choose

Mo'Bay / Hot Mango / Jerk Gravy

Cocktails

Siren's Call

white rum, passion fruit, pineapple, strawberry, guava

Raspberry Reggae

dark rum, blackberry, guava juice, raspberry soda (try with gin or vodka)

Jamrock Punch

vodka, watermelon, passion fruit, lime, strawberry, grapefruit soda (try with rum)

Coffee Rumtini

dark rum, coffee liqueur, espresso, demerara (try with vodka)

Tropical Spritz

white rum, Aperol, watermelon, passion fruit, soda, fizz

Passion Fruit Rumtini

white rum, passion fruit liqueur, pineapple, vanilla, fizz (try with vodka)

Reggae Rum Punch

Wray & Nephew, sorrell, pomegranate, mango

Spring Ting Spritz

Duppy White, elderflower, mint, grapefruit soda (try with gin or vodka)

Strawberry Daiquiri

Kingston 62 White, lime, demerara, strawberry

Mai Tai Punch

Kingston 62 Gold, amaretto, falernum, triple sec, lime, pineapple

Rum Runner

Kingston 62 Gold, dark rum, amaretto, falernum, triple sec, blackberry, strawberry, grapefruit crush

Island Ice Tea

white rum, gin, vodka, tequila, triple sec, lime, cola

Mango Paloma

tequila, triple sec, mango, grapefruit crush, lime

Rum & Mixer

Kingston 62 White or Gold, plus a mixer

Zero Cocktails

Citrus Splash

Tanqueray Orange 0.0%, Lyre's White Cane, lime, grapefruit, mint

Passion Paradise

Lyre's White Cane, passion fruit, lime, guava

Strawberry Non Daiquiri

Lyre's White Cane, strawberry, guava, demerara, lime

Passion Fruit Royal

Lyre's White Cane, lime, passion fruit, mint, demerara

Mango Smash

Lyre's White Cane, mango, demerara, lime

Virgin Colada

Lyre's White Cane, coconut, lime, pineapple

Beer & Cider

Carib Lager *schooner*

Atlantic Pale Ale *schooner*

Island Press Cider *schooner*

Madri Zero 0.0% 330ml

Fizz

Il Baco da Seta Prosecco *Italy*

Speak to a team member for our selection of hot drinks

Homemade Softs

Ginger Beer

Grapefruit Crush

Sorrell Lemonade

Mango & Limeade

Guava & Watermelon

Sodas & Juices

Cola / Diet Guava

Lemonade Mango

Orange Pineapple

Sides


Rice & Peas  3.9

Spiced Fries  3.9

Sweet Potato Fries  4.4

Cheesy Jerk Fries  4.9

Garlic Flatbread  4.5

Mo'Bay Creamy Pasta  3.9

Garlic Tenderstems[®]  4.5

Watermelon & Goats Cheese  4.2

Black Beans & Grains  3.9

Heritage Toms  4.5



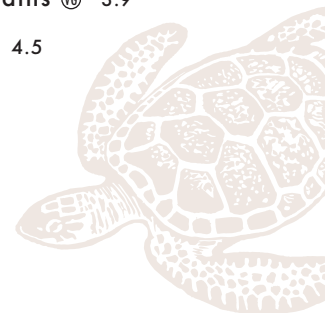
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 Vegan  Vegetarian

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MAIN 10.25

Turtle Bay



Desserts 5.9



Ginger Pudding (VG)

*pineapple compote,
coconut ice cream*

Cheesecake (V)

*banoffee cheesecake,
mango coulis*

Salted Caramel Chocolate Brownie

coconut ice cream

Ice Cream 2 a scoop

*vanilla (V), coconut (VG),
chocolate & fudge (V)
or mango & passion fruit
sorbet (VG)*

Cocktails to Finish 8 each | 2 for £13*

Skipping dessert? Why not sip something delicious instead?

Coffee Rumtini

*dark rum, coffee liqueur, espresso, demerara
(try with vodka)*

Koko Colada

Koko Kanu, Deeds, passion fruit, coconut cream, pineapple

Passion Fruit Rumtini

*white rum, passion fruit liqueur, pineapple, vanilla, fizz
(try with vodka)*

**The same cocktail, at the same time*

Hot Drinks *Speak to a team member for our selection*


Brunch

Served until 5pm
(3pm Saturdays)


Full Caribbean 6

sausage, bacon, fried or poached eggs, tomato, toasted muffin

Beans on Toast 4

toasted muffin topped with baked beans 

Egg on Toast 4

toasted muffin topped with fried or poached egg 

Toastie 6

grilled cheese & tomato

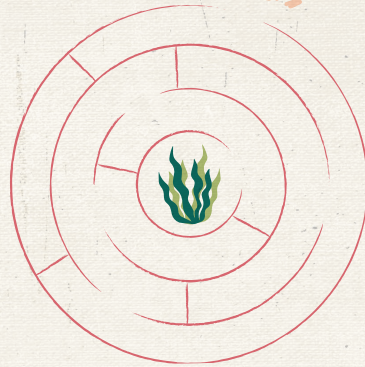
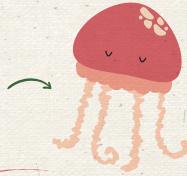
All meals served with a free soft drink!



Did you know?

There are around 7,000 islands in the Caribbean!

Help me get to the seaweed



Find the words

Jamaica
Chicken
Jerk
Corn
Rice
Spicy
Turtle
Island



What do turtles do on their birthday?
They shell-eborate!

Word scramble
Can you find the word?
TEL RUT

Spot 5 differences

Mains

Served from 12pm

Beef Burger 8

100% beef burger with lettuce, mayo & fries

Chicken Bun 8

Crispy chicken thigh with lettuce, mayo & fries

Curry Chicken 8

Mild curry sauce on grilled chicken breast, fries or rice & peas

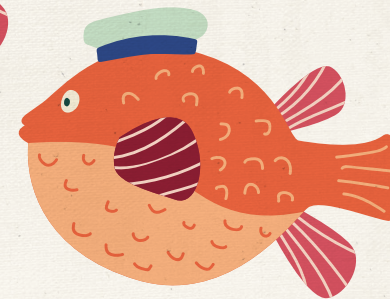
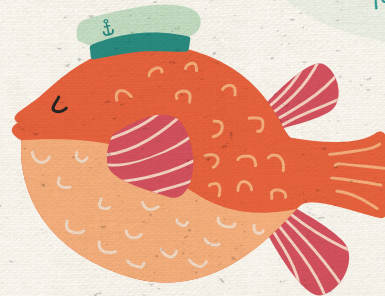
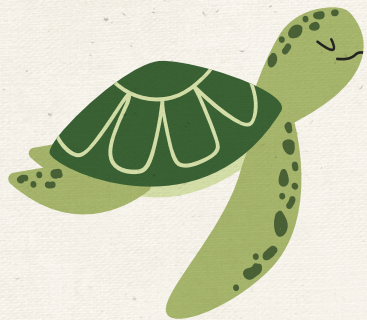
Mo'Bay Creamy Pasta 8

Pasta with cheesy & creamy Mo'Bay sauce

Pizza 8





Mini hand stretched pizza with melted cheese & tomato

All meals served with a free soft drink!



Puddings

Ice Cream 1

vanilla , coconut , chocolate & fudge , or mango & passion fruit sorbet 



Turtle Bay