

# The Island Social

Choose any two courses and enjoy 90 minutes of unlimited drinks - all for £50.

Just good food, great drinks and that laid-back Caribbean energy we're known for.

No rushing. Just settle in and stay awhile.

## Starters

### Sweetcorn Fritters <sup>VG</sup>

Crispy golden fritters with mango mole

### Charred Corn Ribs

Smoky, spiced, juicy. Perfect to share. Choose:  
Sweet Tamarind / Hot Mango <sup>VG</sup> / Garlic Glaze <sup>VG</sup>

### Crispy Wings

24hr marinated, fried and tossed in a choice of:  
Hot Mango / Jerk Gravy / Garlic Butter / Rum BBQ

### Trini Doubles <sup>VG</sup>

Bara roti, curried chickpeas, cucumber chow, hot sauce

### Chilli Squid

Coconut panko, lemon mayo, mango mole

### Pit Prawns +£1

Whole prawns, Scotch bonnet, garlic butter, roti

## Mains plus one side

### Island Wellness Bowl <sup>VG</sup>

Charred veg, leaves, channa, corn ribs, watermelon, plantain, candied beetroot, pineapple salsa, rice & peas  
With: Spiced Prawns / Grilled Chicken

### Curry Goat

Slow-roasted with garlic, ginger & warm Scotch-bonnet

### Brown Chicken

Braised thighs, tomatoes, thyme, peppers, plantain

### Trini Coconut Curry

Creamy coconut, ginger, garlic, green seasoning  
If you'd like it milder, just ask. Choose:  
Chicken / Prawns

### Curry Okra & Spinach <sup>VG</sup>

Vibrant and warming, spinach, okra & chickpeas

### Kingston Fried Chicken

Golden chicken thigh, creamy slaw, pink onion

### Mac & Cheese <sup>V</sup>

Creamy & cheesy, roasted peppers & herbs.  
Choose: Chicken, Pulled Pork or Mushrooms

### Jerk Chicken - Half or Breast

24 hour marinated and chargrilled over open flame

### Tamarind Salmon +£2

Whole fillet, sweet tamarind glaze, charred veg

### Carib Steak +£4

28-day aged rump, served pink, Trini-churri

### Rum BBQ Ribs +£4

Rack of fall-off-the-bone ribs, sticky rum BBQ glaze

### Whole Sea Bream +£4

Garlic butter, Trini-churri, lemon & thyme

## Sides

### Spiced Fries <sup>VG</sup>

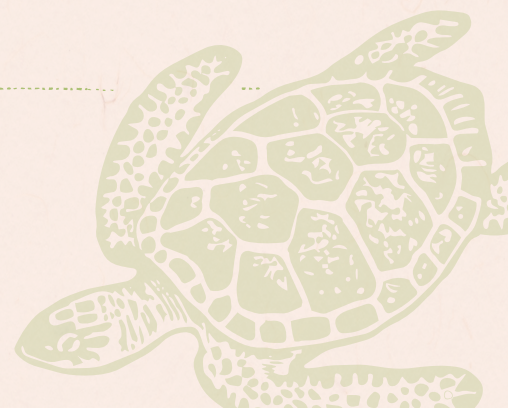
### Rice & Peas <sup>VG</sup>

### Sweet Potato Fries <sup>VG</sup>

### Garlic Flatbread <sup>VG</sup>

### Green Salad <sup>VG</sup>

### Mac & Cheese <sup>V</sup>



# Unlimited Drinks Selection

## Cocktails

-  **Siren's Call**  
White rum, passion fruit, pineapple, strawberry, guava
-  **Raspberry Reggae**  
Dark rum, blackberry, guava juice, raspberry soda, lime (try with gin or vodka)
-  **Bahama Mama **NEW****  
Koko Kanu, Hawksbill Banana, coconut, pineapple, sorrel
-  **Coffee Rumtini**  
Dark rum, coffee liqueur, espresso, demerara (try with vodka)
-  **Passion Fruit Rumtini**  
White rum, passion fruit liqueur, pineapple, vanilla, fizz (try with vodka)
-  **Reggae Rum Punch**  
Wray & Nephew, sorrell, pomegranate, mango
-  **Strawberry Daiquiri**  
Kingston 62 White, lime, demerara, strawberry
-  **Troublemaker **NEW****  
Wray & Nephew, Pusser's, lime, pineapple, guava, sorrel
-  **Mai Tai Punch**  
Kingston 62 Gold, amaretto, falernum, triple sec, lime, pineapple
-  **Tingaling **NEW****  
Gin, fizz, grapefruit crush, elderflower
-  **Koko Colada**  
Koko Kanu, Hawksbill Pineapple, coconut cream
-  **Pineapple Daiquiri **NEW****  
Hawksbill Pineapple, pineapple, lime
-  **Sarti Spritz **NEW****  
Sarti Rosa, passion fruit, fizz, soda
-  **Mango Paloma**  
Tequila, triple sec, mango, grapefruit crush, lime
-  **Rum Runner**  
Kingston 62 Gold, dark rum, amaretto, falernum, triple sec, blackberry, strawberry, grapefruit crush

## Zero Cocktails

-  **Passion Paradise**  
Lyre's White Cane, passion fruit, lime, guava
-  **Strawberry Non Daiquiri**  
Lyre's White Cane, strawberry, guava, demerara, lime
-  **Virgin Colada**  
Lyre's White Cane, coconut, lime, pineapple
-  **Grapefruit & Coconut Nojito **NEW****  
Lyre's White Cane, lime, mint, grapefruit, coconut
-  **Mai Tai Zero **NEW****  
Lyre's White Cane, yuzu, pineapple, orgeat
-  **Raspberry Reggae Zero**  
Raspberry shrub, raspberry soda, guava, lime

## Beer & Cider

Carib Lager  
Atlantic Pale Ale  
Island Press Cider  
Madri 330ml  
Madri Zero 0.0% 330ml

## Homemade Softs

Ginger Beer  
Grapefruit Crush  
Sorrell Lemonade  
Mango & Limeade  
Guava & Watermelon

## Fizz

Il Baco da Seta Prosecco *Italy*

## Sodas & Juices



Cola / Diet	Guava
Lemonade	Mango
Orange	Pineapple

CMD 04.26



Scan the QR for allergens & calories.

Our dishes are made fresh in kitchens where flour and gluten are used, so we can't guarantee any item is completely allergen or gluten-free. Our menu descriptions don't list every ingredient - if you have allergies or dietary needs, please speak to our team before ordering. A 10% optional service charge applies. 100% of tips and service charges go directly to our team

 Vegan  Vegetarian